**Why Is There Sickness & Disease?**

**(Part 1)**

**CANCER IS NOW THE #1 DISEASE IN AMERICA**

It is **killing approximately** **4,500 people every day.** That is an **equivalent of NINE jumbo jets crashing every day** with a 100% death rate.

**In 2012** alone, there were **1,700,000 new cases of cancer reported,** not including some types of skin cancer.

**PROSTATE CANCER IS THE MOST COMMON CANCER AMONG THE MALE POPULATION**

<https://www.cdc.gov/cancer/prostate/statistics/index.htm>

**HEART DISEASE IS THE #2 DISEASE IN AMERICA**

It is known as the **silent killer** with **someone dying every 30 seconds** from a heart attack. That's approximately 2 heart attacks every minute; 120 every hour; 2,880 every 24 hours; 20,160 every week & approximately 1,050,000 every year.

**Diabetes –** Causing **blindness** in a minimum of **14,000 people every year.**

**Arthritis –** A very debilitating disease, especially **crippling the elderly.**

**Depression, Obesity, and Numerous other Diseases**

**\*\*\*They say by the year 2020, Depression will be the #2 leading cause of death.**

It is no hidden fact that the Healthcare system is failing the American people. With billions being spent every year on health-care costs and prescription drugs, disease is at a higher rate than ever, with new diseases each year coming of the woodwork, so to say.

ALSO, Emergency rooms are being filled at a higher rate every year with new strains of the flu breaking out in different parts of the world.

**THE BIG QUESTION IS WHY???????**

**As we study this subject, we will be covering the following:**

**1: WHY ARE PEOPLE SICK?**

**2: WHY IS THERE DISEASE?**

**GOD TELLS US: “...the curse causeless shall not come.”** (Proverbs 26:2)

Some of the **curses dealing with disease** mentioned in the Bible are found in the following verses:

Deut. 28:22, 27, 35; Lev 26:16; and Deut. 28:61

**THEY ARE:**

**1. Pestilence =** infections, deadly disease like AIDS (vs: 22)

**2. Consumption =** tuberculosis OR a wasting of flesh (vs: 22)

**3. Fever** (vs: 22)

**4. Inflammation =** Edema; anything ending in citis like bursitis, arthritis, etc. (vs: 22) 5. Extreme Burning =

bones; heartburn; etc. (vs: 22)

**5. Blasting =** to prevent from growing like dwarf’s

**6. Botch =** a swelling on the skin; growth; ulcers; tumors (vs: 27)

**7. Emerods =** Hemorrhoids (vs: 27)

**8. Scab =** psoriasis, eczema, shingles, etc. (vs: 27)

**9. Itch =** Scabies; athlete’s foot; dandruff; seborrhea; etc. (vs: 27)

**10. Madness =** Schizophrenia (vs: 28)

**11. Blindness =** loss of sight (vs: 28)

**12. Astonishment of Heart =** heart problems (vs: 28)

**13. Smitten in the Knees =** knee problems (vs: 35)

**14. Smitten in the legs =** leg problems; gait problems (vs: 35)

**15. A Sore Botch =** painful swellings, painful ulcers, and painful tumors (vs: 35)

**16. A Trembling Heart =** heart failure; heart attack; cardiac arrest (vs: 35)

**17. Failing Eyes =** vision problems like glaucoma or cataracts (vs: 65)

**18. Sorrow of Mind =** any type of depression or worry (vs: 65)

**19. Terror =** fear; phobia; anxiety (Lev 26:16)

**20. Burning Ague =** chills; shivering (cold/flu); shock; etc. (Lev 26:16)

**21. Disease & Sickness not listed –** examples are Mad Cow Disease and Swine Flu (Deut. 28:61)

**GOD SAID:**

“...If thou wilt diligently **hearken to the voice of the Lord thy God,** and wilt **do that which is right** in his sight, and wilt **give ear to his commandments,** and **keep all his statutes, I will put none of these diseases upon thee, which i have brought upon the Egyptians...”** (Exodus 15:26)

<http://www.cbsnews.com/news/even-ancient-mummies-had-clogged-arteries-study-finds/>

<http://www.redorbit.com/news/science/1824142/malaria_and_bone_disease_killed_king_tut/>

**WHAT HAPPENED?**

**“...GOD CANNOT LIE...”** (Titus 1:2)

If God cannot lie, yet He said He would not put the diseases of the Egyptians on us, yet we have the very same diseases, the question is: **WHAT HAPPENED????**

**LET'S GO BACK TO THE BEGINNING AND SEE:**

“And God saw **everything that he had made,** and, behold, it **was very good.** And the evening and the morning were the sixth day.”(Gen 1:31)

**“...GOD IS LOVE”** (1 John 4:8)

**BIBLE:**

**3 John 2 –** “Beloved, **I wish above all things that thou mayest prosper and be in health,** even as thy soul prospereth.”

**Psalms 139:14 – “**I will praise thee; for I am fearfully and wonderfully made...”

**Isaiah 45:12 – “**I (God) have...created man...”

**Note:** As all manufacturers provide an owner’s manual for their creation/product, **our Heavenly Father has also provided an owner's manual for the human race** (His creation). Unfortunately, when it comes to health, **most humans, including those calling themselves Christians,** for some reason feel that that is one area God does not cover, and they **do not believe we need to consult the Word of God when it comes to our bodies and our health.**

**So let's go to the Word of God and see what God tells us about our bodies and how to preserve our health.**

**HOWEVER, THE WORD OF GOD SAYS:**

**Matthew 4:4 –** **“...Man shall not live by bread alone,** **but by every word** that proceedeth out of the mouth of God.”

**Exodus 15:26 –** “... If thou wilt diligently **hearken to the voice of the LORD thy God,** and wilt **do that which is right in His sight,** and wilt **give ear to his commandments,** and **keep all his statutes,** **I will put none of these diseases upon thee,** which I have brought upon the Egyptians: for I am the LORD that healeth thee.”

**Deuteronomy 28:15 – “**But it shall come to pass, if thou wilt not **hearken unto the voice of the LORD thy God,** to observe to do all his commandments and his statutes which I command thee this day; that **all these curses shall come upon thee,** and overtake thee.”

**Galatians 6:7 – “**Be not deceived; God is not mocked: for **whatsoever a man soweth, that shall he also reap.”**

**GOD IS VERY CONCERNED ABOUT HOW WE TAKE CARE OF OUR BODIES:**

“What? know ye not that **your body is the temple of the Holy Ghost** which is in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore **glorify God in your body,** and in your spirit, which are God's.” (1 Corinthians 6:19-20)

**1 Corinthians 10:31** **– “Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God.”**

**HE TELLS US:**

**Deuteronomy 30:19 –** “I call heaven and earth to record this day against you, that **I have set before you life and death,** blessing and cursing: therefore choose life, that both thou and thy seed may live.”

**OUR POOR CHOICES CAN BRING AN EARLY DEATH TO OURSELVES**

**Ecclesiastes 7:17 – “**Be not over much wicked, neither be thou foolish: **why shouldest thou die before thy time?”**

**HOW MANY YEARS DID GOD PROMISE US?**

“The days of our years are **threescore years and ten** (70); and if **by reason of strength they be fourscore** (80) years, yet is their strength labour and sorrow; for it is soon cut off...” (Psalms 90:10)

It is estimated that about **9 OUT OF 10 PEOPLE DIE PREMATURELY** (90% of disease is R/T Diet & Lifestyle... (MM 225.2-.3)

**\*\*\*We're not referring to accidents here.** **We're talking about sickness & disease.** **It is not god's providence for us to be sick and die prematurely...** “The violation of physical law, with its consequent suffering and premature death, has so long prevailed that these results are regarded as the appointed lot of humanity; but **God did not create the race in such a feeble condition.** This state of things is not the work of Providence, but of man.

**Note:** This is how long they lived eating flesh food. **Those giving up flesh are living 100+ years.**

**The violation of physical law,** with its consequent suffering and premature death, **has so long prevailed that these results are regarded as the appointed lot of humanity;** but **GOD DID NOT CREATE THE RACE IN SUCH A FEEBLE CONDITION.** This state of things is not the work of Providence, but of man. **It has been brought about by wrong habits**,**--by violating the laws that God has made to govern man's existence....”**  (CD 118.1)

“I wish you could read the daily papers of this country, and notice the accounts of how men in responsible positions have dropped dead while traveling or while at some entertainment. Never have the deaths of wealthy men in high life been so frequent as of late. **This is the result of a violation of nature's laws.** Cause is being followed by effect. The lifeforces are extinguished by indulgence. “Heart failure,” say the physicians who attended these men at their death. Poor souls! **They abused the Lord's wonderful machinery until it could endure no longer, and gave up the conflict. God does not work a miracle to keep in motion the machinery that is worn out by the abuse put upon it.”** {7MR 56.1}

**LET'S GO BACK TO THE BEGINNING AND SEE WHERE MAN WENT WRONG:**

**Gen. 1:29 –** “And God said, Behold, **I have given you every herb bearing seed,** which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat.”

**Gen. 3:18 –** “Thorns also and thistles shall it bring forth to thee; and **thou shalt eat the herb of the field.”**

**Gen. 3:18 –** “In the sweat of thy face shalt thou **eat bread,** till thou return unto the ground...”

**NOW GOING DOWN TO THE DAYS OF NOAH**

**Genesis 7:1-3 –** “And the LORD said unto Noah, **Come thou and all thy house into the ark;** for thee have I seen righteous before me in this generation. Of every clean beast thou shalt take to thee by sevens, the male and his female: and of beasts that are not clean by two, the male and his female. Of fowls also of the air by sevens, the male and the female; to keep seed alive upon the face of all the earth.”

**Genesis 9:3 –** “Every moving thing that liveth shall be meat for you; even as **the green herb** have I given you all things.”

**MAN'S LIFESPAN BEFORE FLESH GIVEN BECAUSE OF THE FLOOD IN NOAH'S DAY:**

**Genesis 5:31 –** “And all the days of Lamech were **seven hundred seventy and seven years:** and he died.”

**MAN'S LIFESPAN AFTER THE INTRODUCTION OF FLESH FOOD DUE TO THE FLOOD:**

**Genesis 11:24-25** - “And Nahor lived nine and twenty years, and begat Terah. And Nahor lived after he begat Terah an **hundred and nineteen years, and begat sons and daughters.”**

**29 yrs. +119 yrs. = 148 yrs. old**

**\*\*\*Now it is true,** **God did give man permission to eat flesh food after the flood.** **But, it was never his original design. When he gave permission for this new diet, he had restrictions to only clean animals.** (See Genesis 7:1-3; Leviticus 11:1-23 and Deut. 14)

**EIGHT RULES FOR EATING FLESH:**

**1. Must Be Clean** (Leviticus 11/Deuteronomy 14)

**2. No Fat** (Leviticus 3:17)

**3. No Blood** (Leviticus 3:17)

**4. No Blemish** (Leviticus 3:1)

**5. Not Strangled** (Acts 15:20)

**6. Cannot Be Cooked In Its Mother's Milk** (Deuteronomy 14:21) (example: No Stroganoff)

**7. Not Dying of Itself** (Deuteronomy 14:21)

**8. Must Be Eaten By The Third Day** (Leviticus 19:5-7)

However, the introduction of **flesh food caused man's life span to decrease drastically.**

Today, in a documentary called 'Forks Over Knives', **MEDICAL SCIENCE is now saying** **if you want to reverse disease and add years to your life, you must cut out all flesh from the diet.**

<https://www.youtube.com/watch?v=n1LUj3kxB9M>

**WHY???**

**Isaiah 46:9-10 –** The Bible tells us that **God declares the end from the beginning.**

**WHAT DID HE TELL US REGARDING FLESH FOODS IN THE LAST DAYS?**

“...in the latter days there is no truth, nor mercy, nor knowledge of God in the land. By swearing, and lying, and killing, and stealing, and committing adultery, they break out, and **blood toucheth blood.** Therefore shall **the land mourn,** and every one that dwelleth therein shall languish, with **the beasts of the field,** and with the fowls of heaven; yea, the **fishes of the sea** also shall be taken away.” (Hosea 3:5-4:3)

**LANGUISH =** to **die from sickness or disease**

“Ye shall not eat of anything that dieth of itself...” (Deut. 14:21)

**TODAY:**

* **COWS ARE MAD**
* **CHICKENS HAVE THE FLU**
* **FISH ARE FULL OF MERCURY**

**SOME QUOTES ABOUT THE DANGERS OF EATING FLESH FOOD:**

**“Flesh was never the best food; but its use is now doubly objectionable, since disease in animals is so rapidly increasing.** **Those who use flesh foods little know what they are eating.** Often if they could see the animals when living and know the quality of the meat they eat, they would turn from it with loathing. People are continually eating flesh that is **filled with tuberculous and cancerous germs.** Tuberculosis, cancer, and other fatal diseases are thus communicated.” {MH 313.2}

**“The effects of a flesh diet may not be immediately realized; but this is no evidence that it is not harmful.** Few can be made to believe that it is the meat they have eaten which has poisoned their blood and caused their suffering. **MANY DIE OF DISEASES WHOLLY DUE TO MEAT EATING,** **while the real cause is not suspected by themselves or by others.”** {MH 315.1}

**“The liability to take disease is increased tenfold by meat eating...Your safest course is to let meat alone.”** (CH 70.2)

**“...Flesh food is injurious to health...”** (MH 315.2)

**SO IF ONE CHOOSES TO GIVE UP FLESH FOOD, WHAT SHOULD THEY EAT IN ITS PLACE?**

“In order to know what are the best foods, **we must study God's original plan for man's diet.** He who created man and who understands his needs appointed Adam his food. . . . **Grains, fruits, nuts, and vegetables constitute the diet chosen for us by our Creator.”** {CG 380.1}

**“Grains, fruits, nuts, and vegetables constitute the diet chosen for us by our Creator.** **These foods prepared in as simple and natural a manner as possible, are the most healthful and nourishing.** **They impart a strength, a power of endurance, and a vigor of intellect...”** (MH 296.1)

**“Grains, fruits, nuts, and vegetables, in proper combination, CONTAIN ALL THE ELEMENTS OF NUTRITION;** and **WHEN PROPERLY PREPARED, they constitute the diet that best promotes both physical and mental strength.”** (Ed 204.3)

**“The grains, with fruits, nuts, and vegetables, contain all the nutritive properties necessary** to make good blood. These elements are not so well or so fully supplied by a flesh diet. **Had** the use of **flesh been essential to health and strength, animal food would have been included** in the diet appointed man **in the beginning.”** (CD 396.1)

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