**The Dangers of Antibiotics / How to Treat Gum Disease Naturally**

**Matthew 4:4 –** “...Man shall not **live by** bread alone, but by **EVERY WORD** that proceedeth out of the mouth **of God.”**

**Jeremiah 46:11 –** “Go up into Gilead, and take balm, O virgin, the daughter of Egypt: **in vain shalt thou use many medicines; for thou shalt not be cured.”**

“When the abuse of health is carried so far that sickness results, **the sufferer can often do for himself what no one else can do for him.** **The first thing to be done is to ascertain the true character of the sickness** **and then go to work intelligently to remove the cause...do not endeavor to adjust the difficulties by adding a burden of poisonous medicines.”** {MH 235.1}

**WHY NOT?**

**“More deaths have been caused by drug-taking than from all other causes combined.** If there was in the land one physician in the place of thousands, a vast amount of premature mortality would be prevented. Multitudes of physicians, and **multitudes of drugs, have cursed the inhabitants of the earth, and have carried thousands and tens of thousands to untimely graves.”** {2SM 450.2}

**WHAT IS MEDICAL SCIENCE NOW SAYING ABOUT ANTIBIOTIC DRUGS?**

In 2006, there was an article written in **THE CONSULTANT MAGAZINE,** it's for Physicians, VOLUME 46, #10, September 1, 2006 - And the article was called “What Hath Antibiotics Wrought?”...**The Answer:** - **THE NIGHTMARE OF CLOSTRIDIUM DIFFICIL** (C-Diff/Antibiotic Associated Colitis). Dr. Gregory Retekki, Professor of Medicine at Ohio State University in Columbus stated in this article in **THE CONSULTANT** "that with the ever increasing use of broad spectrum antibiotics here in the United States, there has been an equally escalating appearance of **SEVER BACTERIAL COLITIS** (Clostridium Difficil), which may result in either total Colectomies (operations where the whole colon is removed) for patients or SEPSIS (Bacteria invading the blood stream) and even **DEATH.”**

Sounding the voice of alarm, Dr. Ritekki goes on to state that not only are the incident's severity and the expense of C-Diff infection on the rise, but the **NEWER ANTIBIOTICS** used with ever increasing frequency have **CREATED** an even more resistant, **SUPER STRAIN OF COLOSTRIUM DIFFICIL.** And so, when you're killing off all the other bacteria and these strains are resistant to the antibiotic themselves, they're gonna replicate and produce this **TOXIC INTERAL COLITIS.**

At the time of the writing of Dr. Retikki's article, the mean **cost of treating this infection was above $10,970** (more than what is allotted to a whole family under the New Health Care Reform Bill) per patient to treat this infection because they usually have to hospitalize them. They're normally treated with **Vancomycin,** which is a **very expensive drug;** and the cost also includes all of the nursing care that is involved.

Resulted Health Care costs for treating Defficil was estimated to exceed in this country **more than 1 Billion dollars a year.** Just from one side effect of antibiotic use. And so his recommendation regarding the best course of action to take to reduce the seriousness of this Health Care Complication - Antibiotic Stewardship with Restraint in the use of epidemiologically implicated antibiotics - usually the 2nd and 3rd generation and these were the class of drugs: 2nd and 3rd generation cephalosporin’s – These would be agents like we commonly see –

**A.** Cephalexin

**B.** Keflex - some of these that are given so widely for routine infections

**C.** Clindamycin

**D.** And the newer floral Quinolone’s like...Ciprofloxacin and Norfloxacin

**GARLIC IS THE #1 ANTIBIOTIC ON THE FACE OF THE EARTH.**

Other **NATURAL ANTIBIOTICS** are **Echinacea,** **Goldenseal,** **Calendula** (Marigold), **Berberine,** **Grapefruit Seed,** **Sage,** **Honey,** **Colloidal Silver,** **Olive Leaf Extract,** **Tea Tree Oil,** **Vitamin C** **and many others.**

**SO WHAT SHOULD ONE DO FOR ORAL INFECTIONS WITHOUT RESORTING TO ANTIBIOTICS?**

**To fight bleeding gums,** gum diseases such as **gingivitis, pyorrhea** or any other gum disease **do the following:**

**\*\*\***Mix equal parts of **Golden Seal Root Powder with Activated Charcoal...**put in small plastic container with lid and mix well. Then wet toothbrush and dip in this mixture and **brush teeth and gums well.** Be sure to rinse carefully for this can get very messy. It is recommended to wear a towel in the front of your shirt while doing this. **Rinse out mouth well, then rebrush.** Do this 1-2 times per day x 10 days. This should do the job...if it did not help in 10 days, try for 10 more.

**SOMETHING TO KEEP IN MIND:**

**Antibiotics are ineffective against viral infections,** **yet the doctors are prescribing these for the cold and flu.**

**Link to my blog:**

<https://ravishingrecipesandhealthfacts.blogspot.com/2017/11/the-dangers-of-antibiotics-how-to-treat.html>

<https://ravishingrecipesandhealthfacts.blogspot.com/2018/07/the-dangers-of-antibiotics-how-to-treat.html>

<https://ravishingrecipesandhealthfacts.blogspot.com/2019/02/the-dangers-of-antibiotics-how-to-treat.html>

<https://ravishingrecipesandhealthfacts.blogspot.com/2019/12/the-dangers-of-antibiotics-how-to-treat.html>