**Iron Builder Drink**

**Ingredients:**

1 c. figs

1 c. raisins

1 c. prunes

1 c. apricots

1 c. black strap molasses

2-64 oz. jars grape juice

1 t. anise

**Mix all in a big pitcher and leave in a warm place to soak overnight. Take 4 oz. in the morning and evening. Make sure to refrigerate after. Will last seven days refrigerated.**

**\*Works well in pregnancy.**

I, Christine, can testify to that. My OB/GYN was amazed at the results! Praise the Lord!!!!

**Link to my blog:**

<http://ravishingrecipesandhealthfacts.blogspot.com/2017/12/iron-builder-drink.html>

<https://ravishingrecipesandhealthfacts.blogspot.com/2018/08/iron-builder-drink.html>

<https://ravishingrecipesandhealthfacts.blogspot.com/2019/03/iron-builder-drink.html>

<https://ravishingrecipesandhealthfacts.blogspot.com/2020/01/iron-builder-drink.html>