

How To Ask Questions About Spiritual & Emotional Issues

When Performing An Assessment

"We have come to a time when **EVERY MEMBER** of the church should take hold of medical missionary work...The members of the church are in need of an awakening, that they may realize their responsibility..." {7T 62.1}

WHY?

"Medical missionary work is the pioneer work of the gospel, the door through which the truth for this time is to find entrance to many homes. God's people are to be genuine medical missionaries, for they are to learn to minister to the needs of both soul and body..." {CH 497.1}

"Medical missionary work brings to humanity the gospel of release from suffering. It is the pioneer work of the gospel. It is the gospel practiced, the compassion of Christ revealed. Of this work there is great need, and the world is open for it. God grant that the importance of medical missionary work shall be understood... Then will the work of the ministry be after the Lord's order; the sick will be healed, and poor, suffering humanity will be blessed." {MM 239.3}

"...Find out what constitutes true health reform..." "EDUCATE, EDUCATE, EDUCATE," is the message that has been impressed upon me." {CD 451.3}

"As religious aggression subverts the liberties of our nation, those who would stand for freedom of conscience will be placed in unfavorable positions. For their own sake, they should, while they have opportunity, become INTELLIGENT IN REGARD TO DISEASE, ITS CAUSES, prevention, and cure. And those who do this will find a field of labor anywhere. There will be suffering ones, plenty of them, who will need help, not only among those of our own faith, but largely among those who know not the truth." {CH 506.1}

"Our medical workers are to do all in their power to cure disease of the body and also disease of the mind." {2MCP 408.1}

"They are seeking to benefit suffering humanity, to heal the diseased mind as well as the suffering body..." (3T 184.2)

"...to deal with minds is the nicest work in which men ever engaged..." {3T 269.2}

QUESTION: WHAT IS DISEASE?

A: "Disease is an effort of nature to free the system from conditions that result from a violation of the laws of health..." (MH 127.1)

"...Sickness is caused by violating the laws of health; it is the result of violating nature's law..." {3T 164.3}

"He taught that disease is the result of violating God's laws, both natural and spiritual..." {CD 120.3}

QUESTION: WHAT ARE THE PRINCIPLES INVOLVED IN TREATING THE SICK?

"It is essential both to understand the principles involved in the treatment of the sick, and to have a practical training that will enable one rightly to use this knowledge." {MH 127.2}

IN CASE OF SICKNESS:

- 1: The cause should be ascertained.
- 2: Unhealthful conditions should be changed.
- 3: Wrong habits corrected.
- 4: Then nature is to be assisted in her effort to expel impurities and to re-establish right conditions in the system." {MH 127.1}

"When the abuse of health is carried so far that sickness results, the sufferer can often do for himself what no one else can do for him. The first thing to be done is to ascertain the true character of the sickness and then go to work intelligently to remove the cause." (MH 235.1)

ASCERTAIN WHAT?

What is the underlying cause?

"Disease never comes without a cause. The way is prepared, and disease invited, by disregard of the laws of health. Many suffer in consequence of the transgression of their parents. While they are not responsible for what their parents have done, IT IS nevertheless their duty to ASCERTAIN WHAT ARE AND WHAT ARE NOT VIOLATIONS OF THE LAWS OF HEALTH..." {MH 234.1}

***Because of the previous quotes, when helping anyone who is sick, we do an assessment by using an assessment form. This assessment form covers the laws of health and is how we ascertain the cause of disease, both physically and mentally in those we come in contact with. (This one is for non-SDA's). (Below is only a portion of what is on the complete assessment form and not in chronological order. Please see complete assessment form).

continued on next page

Lifestyle Assessment Form

(CONFIDENTIAL)

Need help filling this out?

Call (540-297-3593) or Email: renee.bushor@gmail.com

DONATIONS ACCEPTED

IMPORTANT

Please Note: Due to the laws of the land, we are required to tell you that the health information received during this consultation is for general education and is not intended to be specific medical advice. No medical care, diagnosis, or treatment is provided during this consultation. It is advisable to consult with your personal health care provider before implementing any lifestyle changes.

I release all Lifestyle counselors or associated organizations from any and all liability. Participation in this consultation indicates acceptance of these terms.

Signature: _____ Date: _____

General Information:

Name: _____

Address: _____

Telephone: Home (____) _____ Work: (____) _____

Cell: (____) _____ Email Address: _____

Age: ____ yrs. Sex: Male Female

Marital Status: – (circle all that apply)

Single, Married (1st / 2nd / 3rd or more), Divorced (1st / 2nd or more), Widowed

How long have you been married or divorced? _____

Do you suffer from any of the following emotional/mental disorders: (please circle all that apply)

Depression Chronic anxiety Bipolar Panic Attacks

Co-dependency Manias Schizophrenia Worry

Phobias Obsessive compulsive disorder (OCD) Neurosis

Please list all medication (prescribed or OTC) **you have taken in the last two months:** (some of these meds have side effects dealing with mental disorders)

WE WILL NOW BE SKIPPING TO THE SPIRITUAL & SOCIAL COMPONENT SECTION OF THIS SAME FORM:

TWO REASONS WHY WE ARE INCLUDING THIS:

1: Because of what the W.H.O says about what constitutes true health.

“Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.” <http://who.int/about/definition/en/print.html>

2: Because of the following we are told in the SOP:

“In the treatment of the sick the effect of mental influence should not be overlooked...” {MH 241.2}

WHY?

"Rightly used, this influence affords one of the most effective agencies for combating disease." {MH 241.2}

"Sickness of the mind prevails everywhere. NINE TENTHS of the diseases from which men suffer have their foundation here. Perhaps some living home trouble is, like a canker, eating to the very soul and weakening the life forces. Remorse for sin sometimes undermines the constitution and unbalances the mind. There are ERRONEOUS DOCTRINES also, as that of an eternally burning hell and the endless torment of the wicked, that, by giving exaggerated and distorted views of the character of God, have produced the same result upon sensitive minds..." {5T 443.4}

"The relation that exists between the mind and the body is very intimate. When one is affected, the other sympathizes. **The condition of the mind affects the health to a far greater degree than many realize. Many of the diseases from which men suffer are THE RESULT OF MENTAL DEPRESSION, GRIEF, ANXIETY, DISCONTENT, REMORSE, GUILT, DISTRUST,** all tend to break down the life forces and to invite decay and death." {MH 241.1}

***Because of the previous quotes, we have included the following questions in our Lifestyle Assessment Form. (Please go to the last couple of pages to go over this section).

***These next two portions are in no way designed to judge or condemn; just simply to get an idea about each person.

SPIRITUAL COMPONENT:

1. Do you believe in God? YES or NO
2. Do you pray to God? YES or NO ***If yes, how often a day? _____ x day
3. Do you believe the Bible is true? YES NO SOME OF IT
4. Do you read the Bible? YES or NO ***If yes, Which Version? _____
How Many Times? EVERY DAY ONCE A WEEK ONCE A MONTH ONCE A YEAR NEVER
5. Do you feel like God has been GOOD, BAD, or OKAY to you?
6. Do you feel you have been GOOD or NOT GOOD to God?
7. Do you trust God 100% implicitly? YES or NO
8. Do you believe God loves you? YES or NO
9. Do you believe God is LOVING and CARING or a MERCILESS TYRANT?
10. Do you take EVERYTHING to God when you have a problem or want some type of direction? YES or NO
11. Are you a member of a Church? YES or NO ***If yes, which church? _____

SOCIAL: (Please answer as truthfully as possible)

1. Do you have a good family unit? YES or NO
2. Are you close to your parents? YES or NO
3. Are you close to your children? YES or NO
4. Were you raised by your Biological parents? MOTHER or FATHER or BOTH? YES or NO
5. Were you raised with SIBLINGS, COUSINS, AUNTS, UNCLES? YES or NO
6. Do you get along well with others? YES or NO
7. Do you feel you have been cheated in life? YES or NO
8. Do you feel people misunderstand you? YES or NO If yes...MOST OF THE TIME or SOME OF THE TIME
9. Are you a SENSITIVE PERSON or THINGS DON'T BOTHER YOU EASILY?
10. Do you have a social circle that you are a member of? (Church, Senior Center, Club, etc.) YES or NO
11. Do you feel that you make good choices in picking friends and partners? YES or NO
12. Is there any unfulfilled promise you made that you wish you could fix? YES or NO

13. Is it easy for you to forgive others when they have wronged you? YES or NO
14. Are you willing to admit when you are wrong? YES NO SOMETIMES
15. Are you more SHY and TO YOURSELF or OUTGOING?
16. Are you an EMOTIONAL or SENSITIVE person, BOTH or NEITHER?
17. Do you feel your personality is ABRASIVE and HARSH or GENTLE and KIND?
18. Do you feel you are more of a LISTENER or TALKER?
19. Are you an OUTSPOKEN person or QUIET?
20. Are you the type to tell all your personal business? YES or NO
21. Are you more OPTIMISTIC or PESSIMISTIC?
22. Would you consider yourself to be one who EXPRESSES YOURSELF & COMPLAIN when things don't go your way, or one who KEEPS IT IN TO YOURSELF?
23. Do you talk about others'? YES NO SOMETIMES

SOMETHING TO KEEP IN MIND WHEN ADDRESSING ANY OF THE ABOVE ISSUES:

“Jesus found access to minds by the pathway of their most familiar associations. He disturbed as little as possible their accustomed train of thought, by abrupt actions or prescribed rules....He introduced old truths in a new and precious light...” {EV 139.5}

***When you begin to see a spiritual need, be careful about exposing it or making the person feel vulnerable...share an experience of your own, someone else, or a Bible story that will bring out the needs and feelings you suspect someone is feeling. In this way, they can open up without feeling exposed prematurely.

*****STIMULATE GENTLY*****

“The true principles of psychology are found in the scriptures...” {1MCP 10.2}

TO LEARN HOW TO DEAL WITH THE MIND, PLEASE READ:

1. Ministry of Healing, Chapter 18: 'Mind Cure'
2. Steps to Christ, Chapter 12: 'What To Do With Doubt'
3. Mind, Character, and Personality, Volumes 1 & 2
4. It's Mostly In The Mind Videos, 1-6
 - Part 1: <https://www.youtube.com/watch?v=WAI0s15DI68&list=PLE0DF4CA096D69198>
 - Part 2: <https://www.youtube.com/watch?v=vXN6Zo00I9M&list=PL374008F33B292BF3>
 - Part 3: <https://www.youtube.com/user/btarceneaux/videos>
Scroll down on this link and keep hitting upload till you see Med Miss Video #23
Be sure to watch all 6 parts
 - Part 4: <https://www.youtube.com/user/btarceneaux/videos>
Scroll down on this link and keep hitting upload till you see Med Miss Video #24
Be sure to watch all 6 parts
 - Part 5: <https://www.youtube.com/user/btarceneaux/videos>
Scroll down on this link and keep hitting upload till you see Med Miss Video #33
Be sure to watch all 6 parts
 - Part 6: <https://www.youtube.com/user/btarceneaux/videos>
Scroll down on this link and keep hitting upload till you see Med Miss Video #34
Be sure to watch all 6 parts

SOP ABBREVIATIONS:

1MCP = Mind, Character, Personality Volume 1

2MCP = Mind, Character, Personality Volume 2

3T = Testimonies for the Church, volume 3

5T = Testimonies for the Church, volume 5

7T = Testimonies for the Church, volume 7

CD = Counsels on Diet & Foods

CH = Counsels on Health

EV = Evangelism

MH = Ministry of Healing

Blog link:

<http://ravishingrecipesandhealthfacts.blogspot.com/2017/12/how-to-ask-questions-about-spiritual.html>

<https://ravishingrecipesandhealthfacts.blogspot.com/2018/08/how-to-ask-questions-about-spiritual.html>

<https://ravishingrecipesandhealthfacts.blogspot.com/2019/03/how-to-ask-questions-about-spiritual.html>

<https://ravishingrecipesandhealthfacts.blogspot.com/2019/04/how-to-ask-questions-about-spiritual.html>