

The Truth About Fluoride

BIBLE:

3 John 2 – “Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.

Proverbs 26:2 – “...the curse causeless shall not come.”

Job 29:16 – “...the cause which I knew not I searched out.”

SOP:

“In health and in sickness, **PURE WATER** is one of heaven's choicest blessings. Its proper use promotes health. It is the beverage which God provided to quench the thirst of animals and man. Drunk freely, it helps to supply the necessities of the system and assists nature to resist disease.” MH 237 (1905) {DG 175.3}

“Thousands have died for want of pure water and pure air, who might have lived...” {TSDF 151.5}

“Allowing nothing to pass your lips that will be an enemy to your health and life.” (CD 102.1)

WHAT IS FLOURIDE?

KNOWN TO MANY AS “THE DEVIL'S POISON”

Fluoride is a chemical ion of the element fluorine (from the Latin fluo meaning "to flow"), in that fluoride has one extra electron that gives it a negative charge. Fluoride is found naturally in water, foods, soil, and several minerals such as fluorite and fluorapatite. However, it is also synthesized in laboratories where it may be added to drinking water or used in a variety of chemical products.

For years fluoride was classified as a toxic waste in this country! In fact, not too long ago its only approved uses were as an insecticide and a RAT POISON!

WHERE IS IT MOSTLY FOUND?

Most people are exposed to fluoride through treated drinking water or products such as toothpaste and mouthwash.

HARMFUL EFFECTS OF FLUORIDE

It is now an established fact that fluoride ingestion over a period of time can affect the structure and function of cells, tissues, organs and systems resulting in a variety of clinical manifestations," writes Dr. Susheela who researches fluoride extensively.

<http://education.vsnl.com/fluorosis/publication.html>

The following symptoms can occur even when fluoride consumption is at the low level added to most US water supplies.

1) Aches and pain in the joints, i.e. neck, back, hip, shoulder and knee without visible signs of fluid accumulation.

- 2) Non-ulcer dyspepsia such as nausea, vomiting, pain in the stomach, bloated feeling or gas formation in the stomach, constipation followed by diarrhea.
- 3) Polyuria (frequent urination) and polydipsia (excessive thirst)
- 4) Muscle weakness, fatigue, anemia with low hemoglobin level
- 5) Complaints of repeated abortions/still birth
- 6) Complaints of male infertility with abnormality in sperm morphology, oligospermia (spermatozoa deficiency in the semen), azoospermia (spermatozoa absence in the semen) and low testosterone levels.
- 7) Effects on the formation and hardening of bones, and delayed fracture healing.
- 8) Thyroid Disorders - both Hyperthyroid and Hypothyroid
- 9) Cancer
- 10) Alzheimer's
- 11) Brain Disorders

Susheela and Bhatnager recommend physicians consider fluoride toxicity for the above listed patient complaints and/or any loss of shine or discoloration in the patient's front row of teeth, which may be due to dental fluorosis.

"Americans are unaware that their arthritis, irritable bowel syndrome or other symptoms may be fluoride-related," says attorney Paul Beeber, President, New York State Coalition Opposed to Fluoridation. "This information should be heeded by physicians and members of the medical and scientific communities. Dr. Susheela is a world authority on the health effects of fluoride to the human body," says Beeber.

CONCLUSION:

Be sure to use fluoride free toothpaste.

BE SURE TO USE A WATER PURIFYING SYSTEM (they have some as little as \$20.00 @ Wal-Mart...these are **PURR and BRITA**...the filters are inexpensive and only need to be replaced every one to two months, depending on how many people are in your family).

MORE INFO ABOUT FLUORIDE:

<http://www.shirleys-wellness-cafe.com/fluoride.htm>

<http://www.eves-best.com/fluoride-dangers.htm>

<http://articles.mercola.com/sites/articles/archive/2015/06/20/fluoride-deception-continues.aspx>

<http://articles.mercola.com/sites/articles/archive/2014/12/13/fluoride-deception.aspx>

<http://drjaygordon.com/pediatrics/general/fluoride.html>

<http://douglassreport.com/reports-2010/x600h6ab-fluoride/x600h6ab-home/?gclid=COef75ye-gcCFQU6gwodnhLLgq>

<http://fluoridedangers.blogspot.com/2006/01/fluoride-harmful.html>

<http://www.shirleys-wellness-cafe.com/fluoride.htm#health>

VIDEO:

http://www.youtube.com/results?search_query=the+dangers+of+flouride&aq=f

Links to my blog:

<http://ravishingrecipesandhealthfacts.blogspot.com/2017/05/the-truth-about-fluoride.html>

<http://ravishingrecipesandhealthfacts.blogspot.com/2017/12/the-truth-about-fluoride.html>