

Nature's "Vapor Rub" For The Cold/Flu Season

(Without harmful ingredients)

1/4 to 1/3 c. pure Olive Oil (100% Virgin Cold Pressed)

3 drops Eucalyptus Oil

3 drops Peppermint Oil

Mix the above and rub over the chest/back/bottom of feet area. Be sure to put socks on after.

This is for lung problems such as:

1. Pneumonia
2. Asthma
3. Coughs
4. Colds/Flu
5. Bronchitis
6. Whooping Cough
7. Pleurisy
8. Pain in the Lungs
9. AND THE LIST GOES ON

Here's where to purchase external use eucalyptus and peppermint oils. The first one is Real Oil and the 2nd one is Revive Essential Oils and the 3rd one is Eden's Garden. Please mention my name when ordering from Real Oil as I get free points for it to use towards free oils (and you can too).

EUCALYPTUS OIL:

<https://realoil.com/eucalyptus-essential-oil-eucalyptus-radiata>

<https://www.revive-eo.com/>

<https://www.edensgarden.com/>

PEPPERMINT OIL:

<https://realoil.com/peppermint-essential-oil-mentha-piperita>

<https://www.revive-eo.com/>

<https://www.edensgarden.com/>

Website: [Healthy Christian Living - Living by the Blueprint](#)