

## **NATURAL REMEDIES:** **“Cold & Flu Season”**

### **WHAT TO DO FOR INFECTIONS: (PART 1):**

<https://youtu.be/4rgzmlvpNak>

(7.41 minutes long)

The first slide volume is kind of low, but the sound picks up after that.

### **What to Do for a Cough: (Part 2)**

<https://youtu.be/iEu4wDeaaRg>

A little over 11 minutes long

### **Do You Have a Cold or the Flu?**

#### **How to tell the Difference**

This video is only a little over 3 minutes long

<https://youtu.be/72uSBRwOkeo>