**Why Do People (Especially Christians) Get Sick?**

***Website:*** [Healthy Christian Living - Living by the Blueprint](https://livingbytheblueprint.com/)

**WHAT DOES GOD WANT FOR US?**

**3 John 2 –** “Beloved, **I wish above all things that thou mayest prosper and BE IN HEALTH,** even as thy soul prospereth.”

**“As religious aggression subverts the liberties of our nation, those who would stand for freedom of conscience will be placed in unfavorable positions. For their own sake, they should, while they have opportunity, become intelligent in regard to disease, its causes, prevention, and cure…”** {CH 506.1}

**Exodus 15:26 –** “And said, If thou wilt **diligently hearken to the voice of the LORD thy God,** and wilt **do that which is right in his sight,** and wilt give ear to his commandments, and keep all his statutes, **I will put none of these diseases upon thee, which I have brought upon the Egyptians:** for I am the LORD that healeth thee.”

**WHAT WERE THESE DISEASES?**

(Deuteronomy 28:22, 27, 35; Leviticus 26:16; Deuteronomy 28:61)

**1.** **Consumption =** passing away; a wasting of flesh; tuberculosis

**2.** **Fever;**

**3. Inflammation;**

**4. Extreme burning =** (bones; heartburn; burning upon urination; etc.);

**5. With the Sword** (death);

**6. Blasting =** to prevent from growing (retardation, dwarfism);

**7. Mildew =** causing corrosion;

**8. Botch =** a swelling on the skin; ulcers and tumors;

**9. Emerods =** hemorrhoids;

**10. Scab =** psoriasis/eczema;

**11. Itch =** scabies; athletes foot; dandruff; seborrhea; chicken pox, small pox, rash;

**12. Smitten in The Knees =** (arthritis in the knees);

**13. Smitten in The Legs =** (arthritis in the legs; poor gait);

**14. Sore Botch =** painful swellings; painful ulcers and tumors;

**15. Terror =** fear; phobia, anxiety, panic attacks;

**16. Consumption =** anorexia; emaciation;

**17. Burning Ague =** chills, shivering, colds; flu, shock);

**18. Trembling Heart =** heart failure, heart attacks;

**19. Failing of Eyes =** blindness; eye problems;

**20. Sorrow of Mind =** depression; madness;

**21. Sicknesses And Plagues Not Written In The Book** (Deut. 28:60-61) (this would be like aids, herpes,

 anthrax, bird flu, swine flu, etc.)

**PEOPLE TODAY, INCLUDING CHRISTIANS HAVE THE VERY DISEASES (not accidents) THE EGYPTIANS HAD**

(See Current Events Articles included at the end of this document)

**SO, WHAT’S THE PROBLEM?**

**Q: IS GOD A LIAR?**

**A:** **Titus 1:2 –** **“...God,** that **cannot lie...”**

**Q: THEN WHY ARE THERE SO MANY CHRISTIANS IN THE WORLD WHO ARE SICK WHEN GOD PROMISED NOT TO PUT ANY OF THESE DISEASES UPON THEM?**

**\*\*\*First of all, God gives each one of us a choice.**

**A: Deuteronomy 30:19 –** “I call heaven and earth to record this day against you, that **I have set before you life and death, blessing and cursing:** therefore **CHOOSE LIFE,** that both thou and thy seed may live:

**Galatians 6:7 –** “Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap.”

**Note: The blessing is built in the obedience...The curse is built into the disobedience.**

 **\*\*\*His Word is already settled in Heaven....**Psalms 119:89

**“God loves his creatures with a love that is both tender and strong. He has established the laws of nature; but his laws are not arbitrary exactions. Every “Thou shalt not,” whether in physical or moral law, contains or implies a promise. If it is obeyed, blessings will attend our steps; if it is disobeyed, the result is danger and unhappiness.”--** {HL 17.5} (HL = Healthful Living)

**Note: God gives everyone the power of choice...God's desire is for all mankind to be in health.**

**Note: A misconception that needs to be cleared up with people of all walks of life is: SICKNESS AND DISEASE are providences of God. They ARE NOT PROVIDENCES OF GOD. He wants us in health.**

**“The tables of many professed Christian women are daily set with a variety of dishes which irritate the stomach and produce a feverish condition of the system. Flesh meats constitute the principal article of food upon the tables of some families, until their blood is filled with cancerous and scrofulous humors. Their bodies are composed of what they eat. But when suffering and disease come upon them, it is considered an affliction of providence.”** {3T 563.2}

**“Many act as if health and disease were things entirely independent of their conduct, and entirely outside their control. Violent attacks of sickness they believe to be special dispensations of Providence, or the result of some overruling, mastering power...”** (PC 34.3)

**“The violation of physical law, with its consequent suffering and premature death,** **has so long prevailed that these results are regarded as the appointed lot of humanity; but GOD DID NOT CREATE THE RACE IN SUCH A FEEBLE CONDITION. This state of things is not the work of providence, but of man.** **It has been brought about by wrong habits,--by violating the laws that God has made to govern man's existence...”** {CD 118.1} (CD = Counsels on Diet & Foods)

**“They** **disregard the principles of health** by their habits of eating, drinking, dressing, and working. **Their transgression of NATURE'S LAWS produces the sure result; and when sickness comes upon them, MANY do not credit their suffering to the true cause, but murmur against God** because of their afflictions. But **GOD IS NOT RESPONSIBLE for the suffering that follows disregard of natural law.”** {MH 234.2}

**Note: A person dies at 50 of a heart attack and many say “It was God's will”** (7MR 56.1)

 **Not according to Psalms 90:10 it wasn't**

 **AND let’s read what Ecclesiastes 7:17 says**

**“I wish you could read the daily papers of this country, and notice the accounts of how men in responsible positions have dropped dead while traveling or while at some entertainment…**

**This is the result of a violation of nature's laws. Cause is being followed by effect…“Heart failure,” say the physicians who attended these men at their death. Poor souls! They abused the Lord's wonderful machinery until it could endure no longer, and gave up the conflict. God does not work a miracle to keep in motion the machinery that is worn out by the abuse put upon it.”** {7MR 56.1}

**Note: Jesus came to give life; Satan came to destroy and to kill.** (John 10:10)

**SO THEN WHY DO PEOPLE GET SICKNESS AND DISEASE?**

**“Disease never comes without a cause.** **The way is prepared, and** **disease invited, by disregard of the laws of health...”** {MH 234.1}

**“Disease** **is an effort of nature to free the system from conditions** **that RESULT FROM A VIOLATION OF THE LAWS OF HEALTH…”**  {MH 127.1}

**NOTE: NOW THE QUESTION TO BE ASKED IS:**

* **What about the babies and small children who get sick?**
* **What about those who were born with disease?** **Many say it is an Act of God. Is this True?**

**“Many suffer in consequence of the transgression of their parents. While they are not responsible for what their parents have done,** **it is nevertheless their duty to ascertain what are and what are not violations of the laws of health. They should avoid the wrong habits of their parents and, by correct living,** **place themselves in better conditions.”** {MH 234.1}

**Note: If a baby dies from a sickness brought on by the mother, the child of course is not at fault.**

**“Many are suffering in consequence of the transgress+-------sion of their parents.** They cannot be censured for their parents' sin; **but it is nevertheless their duty to ascertain wherein their parents violated the laws of their being, which has entailed upon their offspring so miserable an inheritance; and wherein their parents' habits were wrong,** they should change their course, and place themselves by correct habits in a better relation to health.” {CH 37.2}

**A FEW THINGS TO KEEP IN MIND:**

* **“ALL SICKNESS is the result of transgression...”** {CH 37.2} (CH = Counsels on Health)
* **“...health does not depend on chance. It is a result of obedience to law...”** {MH 128.2}

**WHAT ABOUT THE BLIND MAN IN THE BIBLE? WHAT ABOUT JOB? WEREN’T THEY AFFLICTED FOR THE GLORY OF GOD?**

**The answer is a profound yes!!!**

**WHAT ABOUT THOSE PEOPLE WHO SMOKE, DO DRUGS, DRINK, EAT MEAT, AND YET STILL LIVE TO BE 100?**

\*\*\***These are the exception and not the rule** (many live longer because of genetics…They have strong constitutions because their parents, grandparents, etc. lived healthful lives, so they passed that down to the next 3 to 4 generations) (Num. 14:18) **or the parents/grandparents were praying for their offspring.**

**“…Those who use tea, coffee, opium, and alcohol, may sometimes live to an old age, but this fact is no argument in favor of the use of these stimulants.** **What these persons might have accomplished, but failed to do because of their intemperate habits, the great day of God alone will reveal.”** {CD 421.6}

**“There are divinely appointed rules which if observed WILL KEEP HUMAN BEINGS FROM DISEASE AND PREMATURE DEATH...”** {CD 16.4}

**\*\*\*FINAL NOTE\*\*\***

**This Health Talk is in no wise intended to censure or make anyone feel bad but to dispel the false idea that God inflicts sickness and suffering on mankind....That it is His providence for a child or any human being for that matter to be sick...WE SERVE NO SUCH GOD.**

**SEE ARTICLES ATTACHED:**

**Egyptian Mummies Had Clogged Arteries:**

<http://www.foxnews.com/science/2013/03/11/study-reveals-even-4000-year-old-mummies-had-clogged-arteries/>

**Malaria killed King Tut**

<http://www.nytimes.com/2010/02/17/science/17tut.html?_r=0>

**“I use lemon juice freely. It is the best thing you could use for rheumatism, for your head, and for malaria.”**

--Letter 119, 1896, p. 3. (To “Children,” July 31, 1896.) Released 1958. {2MR 48.1}

**ARTICLES REGARDING THE DISEASES OF THE ANIMAL KINGDOM:**

* **COWS ARE MAD**
1. <http://www.emedicinehealth.com/mad_cow_disease_and_variant_creutzfeldt-jakob/article_em.htm>
2. <http://www.huffingtonpost.com/2012/04/24/mad-cow-disease-california-usda_n_1449871.html>
3. <http://www.motherjones.com/tom-philpott/2012/04/mad-cow-california>

 **About 30% of Alzheimer’s are misdiagnosed and actually have “mad cow’s disease”**

1. <http://www.npr.org/templates/story/story.php?storyId=101145687>
* **CHICKENS HAVE THE FLU**
1. <http://news.nationalgeographic.com/2015/05/130502-iowa-bird-flu-chickens-turkey-food-health>
2. <http://www.usatoday.com/story/news/nation/2015/04/21/iowa-bird-flu-outbreak/26113911/>
3. <http://www.npr.org/sections/thesalt/2015/04/21/401319019/5-million-chickens-to-be-killed-as-bird-flu-outbreak-puzzles-industry>

 **AND**

* **FISH ARE FULL OF MERCURY**
1. <http://www.naturalnews.com/028284_fish_mercury.html>
2. <http://www.huffingtonpost.com/deepak-chopra/mercury-fish_b_893631.html>
3. <http://abcnews.go.com/GMA/mercury-found-fish-streams-country/story?id=8369324>
4. <http://usatoday30.usatoday.com/news/nation/environment/2009-08-19-fish-mercury_N.htm>
5. <http://latimesblogs.latimes.com/greenspace/2009/08/mercury-fish-streams.html>
6. <https://pubs.usgs.gov/sir/2009/5109/pdf/sir20095109.pdf>

**WHAT WE ARE COUNSELED ABOUT FISH:**

“**In many places fish become so contaminated by the filth on which they feed as to be a cause of disease. This is especially the case where the fish come in contact with the sewage of large cities. The fish that are fed on the contents of the drains may pass into distant waters and may be caught where the water is pure and fresh. Thus when used as food they bring disease and death on those who do not suspect the danger**. {MH 314.3}

**WHAT ABOUT CHEESE?**

**SCIENTISTS ARE NOW SAYING CHEESE CAUSES CANCER**

**CHEESE IS WHOLLY UNFIT FOR FOOD:**

“**Cheese should never be introduced into the stomach.”** {CD 368.4}

**“Butter is less harmful when eaten on cold bread than when used in cooking; but, as a rule, it is better to dispense with it altogether. Cheese is still more objectionable; it is wholly unfit for food.”** {CD 368.5}

**Note: Eating Cheese is way worse than eating butter, although butter should not be eaten either.**

**“It was decided that at a certain camp meeting, cheese should not be sold to those on the ground; but on coming to the ground, Doctor Kellogg found to his surprise that a large quantity of cheese had been purchased for sale at the grocery. He and some others objected to this, but those in charge of the grocery said that the cheese had been bought with the consent of Brother -----, and that they could not afford to lose the money invested in it. Upon this, Doctor Kellogg asked the price of the cheese, and bought the whole of it from them. He had traced the matter from cause to effect, and knew that some foods generally thought to be wholesome, were very injurious.”** {CD 369.3}

**PRACTICE OF MRS. WHITE**

“**In regard to cheese, I am now quite sure we have not purchased or placed on our table cheese for years. We never think of making cheese an article of diet, much less of buying it.”** {CD 370.1}

**\*\*\*Questions on next page\*\*\***

**Why Do People (Especially Christians) Get Sick**

**(Questions)**

 1: Did God promise not to put the diseases of the Egyptian’s upon His people? YES or NO

 2: Please list 21 diseases the Egyptians had. List them in English terms:

 1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 12. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 13. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 14. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 15. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 16. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 6. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 17. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 7. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 18. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 8. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 19. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 9. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 20. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 10. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 21. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 11. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 3: List four more diseases not listed in the Bible:

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 4: Is it the Providence of God for people to get sickness and suffering? YES or NO

 5: What is the cause of someone at the age of 50 having a heart attack? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 6: How many years does the Bible say we can live? \_\_\_ to \_\_\_ yrs.

 7: What two things causes people to die before their time?

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 8: Does disease ever come without a cause? YES or NO

 9: Why are children born with sickness and disease?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

10: Is it a part of God’s plan for children to be born with sickness? YES or NO

11: How much sickness and disease is the result of transgression? \_\_\_\_

12: Does Health depend on chance? YES or NO

13: Please explain why some people who eat poorly, smoke, drink, etc. live to be 100(like George Burns)

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_