

Why Is There Sickness & Disease

Website: [Healthy Christian Living - Living by the Blueprint](#)

CANCER IS NOW THE #1 DISEASE IN AMERICA, killing approximately 4,500 people every day.

That is an equivalent of NINE jumbo jets crashing every day with a 100% death rate.

In 2012 alone, there were 1,700,000 new cases of cancer reported, not including some types of skin cancer.

Prostate cancer is the #1 cancer among the male population.

<http://www.cancer.org/acs/groups/content/@epidemiologysurveillance/documents/document/acspc-031941.pdf>

HEART DISEASE IS THE #2 DISEASE IN AMERICA. It is known as the silent killer with **someone dying every 30 seconds from a heart attack.** That's approximately 2 heart attacks every minute; 120 every hour; 2,880 every 24 hours; 20,160 every week & approximately 1,050,000 every year.

Note: HEART ATTACKS CAN BE STOPPED IN THEIR TRACK by placing a pinch of Cayenne Pepper 90,000 Heat Units under the tongue every 5 minutes x 3 times.

- **Diabetes** – causing blindness in a minimum of 14,000 people every year.
- **Arthritis** – a very debilitating disease, especially crippling the elderly.
- **Depression, Obesity, and Numerous other Diseases**

*****They say by the year 2020, Depression will be the #2 leading cause of death.**

It is no hidden fact that [the Healthcare system is failing the American people.](#) With billions of dollars being spent every year on health-care costs and prescription drugs, [disease is at a higher rate than ever,](#) with new diseases each year coming of the woodwork, so to say.

Also, Emergency rooms are being filled at a higher rate every year with new strains of the flu breaking out in different parts of the world.

THE BIG QUESTION IS WHY??????????

AS WE STUDY THIS SUBJECT, WE WILL BE COVERING THE FOLLOWING:

1: WHY ARE PEOPLE SICK?

AND

2: WHY IS THERE DISEASE?

GOD TELLS US:

- **“...the curse causeless shall not come.”** (Proverbs 26:2)

Note: Deuteronomy 28 shows us that [many of the curses have to do with sickness & disease](#) because people are violating God's laws. (moral & physical)

SOME OF THE CURSES DEALING WITH DISEASE MENTIONED IN THE BIBLE ARE FOUND IN THE FOLLOWING

VERSES: (Deut. 28:22,27,35; Lev 26:16; and Deut. 28:61)

THEY ARE:

1. **Pestilence** = infections, deadly disease like AIDS (vs: 22)
2. **Consumption** = tuberculosis OR a wasting of flesh (vs: 22)
3. **Fever** (vs: 22)
4. **Inflammation** = Edema; anything ending in citis like bursitis, arthritis, etc. (vs:22)
5. **Extreme Burning** = bones; heartburn; etc. (vs:22)
6. **Blasting** = to prevent from growing like dwarfism
7. **Botch** = a swelling on the skin; growth; ulcers; tumors (vs:27)
8. **Emerods** = Hemorrhoids (vs:27)
9. **Scab** = psoriasis, eczema, shingles, etc.(vs:27)
10. **Itch** = Scabies; athletes foot; dandruff; seborrhea; etc.(vs:27)
11. **Madness** = Schizophrenia (vs:28)
12. **Blindness** = loss of sight (vs:28)
13. **Astonishment of Heart** = heart problems (vs:28)
14. **Smitten in the Knees** = knee problems (vs:35)
15. **Smitten in the legs** = leg problems; gait problems (vs:35)
16. **A Sore Botch** = painful swellings, painful ulcers, painful tumors (vs:35)
17. **A Trembling Heart** = heart failure; heart attack; cardiac arrest (vs:35)
18. **Failing Eyes** = vision problems like glaucoma or cataracts (vs:65)
19. **Sorrow of Mind** = any type of depression or worry (vs:65)
20. **Terror** = fear; phobia; anxiety (Lev 26:16)
21. **Burning Ague** = chills; shivering (cold/flu); shock; etc.(Lev 26:16)
22. **Disease & Sickness not listed** – examples are Mad Cow Disease and Swine Flu (Deut. 28:61)

GOD SAID:

“...If thou wilt diligently hearken to the voice of the Lord thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians...” (Exodus 15:26)

THE EGYPTIANS HAD THE VERY DISEASES AMERICANS ARE PLAGUED WITH TODAY:

<http://www.cbsnews.com/news/even-ancient-mummies-had-clogged-arteries-study-finds/>
http://www.redorbit.com/news/science/1824142/malaria_and_bone_disease_killed_king_tut/

WHAT HAPPENED?

“...**GOD CANNOT LIE...**” (Titus 1:2)

Since God cannot lie, yet He said He would not put the diseases of the Egyptians on us, yet we have the very same diseases, the question is: **WHAT HAPPENED????**

LET'S GO BACK TO THE BEGINNING AND SEE:

“And God saw everything that he had made, and, behold, it was very good. And the evening and the morning were the sixth day.” (Gen 1:31)

“...**GOD IS LOVE**” (1 John 4:8)

GOD TELLS US:

3 John 2 – “Beloved, I wish above all things that thou mayest prosper and **BE IN HEALTH**, even as thy soul prospereth.”

THE BIBLE SAYS:

Psalms 139:14 – “I will praise thee; for I am fearfully and wonderfully made...”

Isaiah 45:12 – “I (God) have...created man...”

Note: As all manufacturers provide an owner’s manual for their creation/product, our Heavenly Father has also provided an owner's manual for the human race (His creation).

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Unfortunately, when it comes to health, most humans, including those calling themselves Christians, for some reason feel that that is one area God does not cover, and they do not believe we need to consult the Word of God when it comes to our bodies and our health.

HOWEVER, THE WORD OF GOD SAYS:

Matthew 4:4 – “...Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.”

SO LET'S GO TO THE WORD OF GOD AND SEE WHAT GOD TELLS US ABOUT OUR BODIES AND HOW TO PRESERVE OUR HEALTH

“... If thou wilt diligently hearken to the voice of the LORD thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the LORD that healeth thee. (Exodus 15:26)

“But it shall come to pass, if thou wilt not hearken unto the voice of the LORD thy God, to observe to do all his commandments and his statutes which I command thee this day; that all these curses shall come upon thee, and overtake thee.” (Deuteronomy 28:15)

“Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap.” (Galatians 6:7)

GOD IS VERY CONCERNED ABOUT HOW WE TAKE CARE OF OUR BODIES:

- “What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's.” (1 Corinthians 6:19-20)
- “Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God.” (1 Corinthians 10:31)

HE TELLS US:

“I call heaven and earth to record this day against you, that I have set before you life and death, blessing and cursing: therefore choose life, that both thou and thy seed may live.” (Deuteronomy 30:19)

OUR POOR CHOICES CAN BRING AN EARLY DEATH TO OURSELVES

“Be not over much wicked, neither be thou foolish: Why shouldst thou die before thy time?” (Ecclesiastes 7:17)

HOW MANY YEARS DID GOD PROMISE US?

“The days of our years are threescore years and ten (70); and if by reason of strength they be fourscore (80) years, yet is their strength labour and sorrow; for it is soon cut off...” (Psalms 90:10)

*****Note:** This is how long they lived eating flesh food. **Many giving up flesh and other harmful things as well are living 100+ yrs.**

REMINDER: There are some who eat meat, drink, smoke, etc. And they live to be 80, 90, 100 years. This is the exception and not the rule (90% of people die prematurely). By the way this is an EXCUSE many use to-day as to why it's okay to drink and eat pork, etc.

LET'S SEE WHAT THE SOP HAS TO SAY ABOUT THIS:

“...Those who use tea, coffee, opium, and alcohol, may sometimes live to an old age, but this fact is no argument in favor of the use of these stimulants. What these persons might have accomplished, but failed to do because of their intemperate habits, the great day of God alone will reveal.” {CD 421.6}

Note: In today's day approximately 9 out of 10 people die prematurely (90% of disease is R/T Diet & Life-style...MM 225.3) (MM = Medical Ministry) *****We're not referring to accidents here. We're talking about sickness & disease. It is not God's providence for us to be sick and die prematurely...**

“The violation of physical law, with its consequent suffering and premature death, has so long prevailed that these results are regarded as the appointed lot of humanity; but God did not create the race in such a feeble condition. This state of things is not the work of providence, but of man. It has been brought about by wrong habits has been brought about by wrong habits...--by violating the laws that god has made to govern man's existence...” (CD 118.1)

“I wish you could read the daily papers of this country, and notice the accounts of how men in responsible positions have DROPPED DEAD WHILE TRAVELING or while at some entertainment. Never have the deaths of wealthy men in high life been so frequent as of late. This is the result of a violation of nature's laws. Cause is being followed by effect. The life-forces are extinguished by indulgence. “Heart failure,” say the physicians who attended these men at their death. Poor souls! They abused the Lord's wonderful machinery until it could endure no longer, and gave up the conflict. God does not work a miracle to keep in motion the machinery that is worn out by the abuse put upon it.” {7MR 56.1}

LET'S GO BACK TO THE BEGINNING AND SEE WHERE MAN WENT WRONG:

“And God said, Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat.” (Gen 1:29)

“Thorns also and thistles shall it bring forth to thee; and thou shalt eat the herb of the field.” (Genesis 3:18)

“In the sweat of thy face shalt thou eat bread, till thou return unto the ground...” (Genesis 3:18) (See vs:16-18) Because of sin, man would now sweat and lose crucial minerals/electrolytes such as sodium and magnesium. Therefore, GOD added the “green herb of the field” known as vegetables to the diet.

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“...A diet lacking in the proper elements of nutrition brings reproach upon the cause of health reform. We are mortal, and must supply ourselves with food that will give proper sustenance to the body.” (CD 92.3)

NOW GOING DOWN TO THE DAYS OF NOAH

“And the LORD said unto Noah, Come thou and all thy house into the ark...Of every CLEAN beast thou shalt take to thee BY SEVENS, the male and his female: and of beasts that are NOT CLEAN BY TWO, the male and his female. Of fowls also of the air by sevens, the male and the female; to keep seed alive upon the face of all the earth.” (Genesis 7:1-3)

“Every moving thing that liveth shall be meat for you; even as the green herb have I given you all things.” (Genesis 9:3) ***When we see this, we have to keep Genesis 7:1-3 in mind. God was referring to the clean animals when He told this to Noah.

MAN'S LIFESPAN BEFORE FLESH GIVEN BECAUSE OF THE FLOOD IN NOAH'S DAY:

“And all the days of Lamech were seven hundred seventy and seven years: and he died.” (Genesis 5:31)

MAN'S LIFESPAN AFTER THE INTRODUCTION OF FLESH FOOD DUE TO THE FLOOD:

“And Nahor lived nine and twenty years, and begat Terah. And Nahor lived after he begat Terah an hundred and nineteen years, and begat sons and daughters. (Genesis 11:24-25) 29 yrs. +119 yrs. = 148 yrs old

So subtract 148 years from 777 years and what do you get?

777

-148

629

So 629+ years of life cut off after flesh was introduced into the diet.

Medical Science says today if you want to live longer, you should remove flesh food/meat from your diet.

<https://munchies.vice.com/en/articles/this-is-how-much-longer-youll-live-if-you-stop-eating-meat>

***NOW IT IS TRUE...God did give man permission to eat flesh food after the flood. BUT, IT WAS NEVER HIS ORIGINAL DESIGN. (see Eze. 20:25)

WHEN HE GAVE PERMISSION FOR THIS NEW DIET, HE HAD RESTRICTIONS TO ONLY CLEAN ANIMALS

(See Genesis 7:1-3; Leviticus 11:1-23 and Deuteronomy 14)

EIGHT RULES FOR EATING FLESH:

1. Must Be Clean (Leviticus 11/Deuteronomy 14)

“PORK, although one of the most common articles of diet, is one of the MOST INJURIOUS. God did not prohibit the Hebrews from eating swine's flesh merely to show his authority, but because it is not a proper article of food for man. God never created the swine to be eaten under any circumstances. It is impossible for the flesh of any living creature to be healthful when filth is its natural element, and when it feeds upon every detestable thing.” {CTBH 48.1}

“The tissues of the SWINE SWARM WITH PARASITES. Of the swine, God said, "It is unclean unto you; ye shall not eat of their flesh, nor touch their dead carcass.” This command was given because swine's flesh is unfit for food. Swine are scavengers, and this is the only use they were intended to serve. Never, under any circumstances, was their flesh to be eaten by human beings. (CD 392.2)

“The flesh of swine is composed of what they eat. If human beings eat their flesh, their blood and their flesh will be corrupted by impurities conveyed to them through the swine.” {CD 392.2-393.1}

“The eating of pork has produced scrofula, leprosy, and cancerous humors. Pork eating is still causing the most intense suffering to the human race.” {CD 393.2}

2. No Fat (Leviticus 3:17)
3. No Blood (Leviticus 3:17)
4. No Blemish (Leviticus 3:1)
5. Not Strangled (Acts 15:20)
6. Cannot Be Cooked In Its Mother's Milk (Deuteronomy 14:21) (Example: No Stroganoff)
7. Not Dying of Itself (Deuteronomy 14:21)
8. Must Be Eaten By The Third Day (Leviticus 19:5-7)

WATCH DOCUMENTARIES:

1. 'Meet Your Meat'
2. FOOD INC.
3. 'What The Health'
4. 'Forks Over Knives'

HOWEVER, THE INTRODUCTION OF FLESH FOOD CAUSED MAN'S LIFE SPAN TO DECREASE DRASTICALLY.

Today, in a documentary called 'Forks Over Knives', Medical Science is now saying **if you want to reverse disease and add years to your life, you must cut out all flesh from the diet.**

WHY???

The Bible tells us that God declares the end from the beginning. (Isaiah 46:9-10)

WHAT DID HE TELL US REGARDING FLESH FOODS IN THE LAST DAYS?

“...IN THE LATTER DAYS, There is no truth, nor mercy, nor knowledge of God in the land. By swearing, and lying, and killing, and stealing, and committing adultery, they break out, and blood toucheth blood. Therefore shall the land mourn, and every one that dwelleth therein shall languish, with

- the **BEASTS** of the field, and
- with the **FOWLS** of heaven; yea, the
- **FISHES OF THE SEA** also shall be taken away.” (Hosea 3:5-4:3)

LANGUISH = To die from sickness or disease

WE ARE COUNSELED:

- “Ye shall not eat of anything that dieth of itself...” (Deut. 14:21)
- **OR** -- That has spot of blemish (Lev. 3:1)

TODAY:

COWS ARE MAD

1. http://www.emedicinehealth.com/mad_cow_disease_and_variant_creutzfeldt-jakob/article_em.htm
2. http://www.huffingtonpost.com/2012/04/24/mad-cow-disease-california-usda_n_1449871.html
3. <http://www.motherjones.com/tom-philpott/2012/04/mad-cow-california>

About 30% of Alzheimer's are misdiagnosed and actually have “Mad Cow's Disease”

1. <http://www.npr.org/templates/story/story.php?storyId=101145687>

CHICKENS HAVE THE FLU

1. <http://news.nationalgeographic.com/2015/05/130502-iowa-bird-flu-chickens-turkey-food-health>
2. <http://www.usatoday.com/story/news/nation/2015/04/21/iowa-bird-flu-outbreak/26113911/>
3. <http://www.npr.org/sections/thesalt/2015/04/21/401319019/5-million-chickens-to-be-killed-as-bird-flu-outbreak-puzzles-industry>

FISH ARE FULL OF MERCURY

1. http://www.naturalnews.com/028284_fish_mercury.html
2. http://www.huffingtonpost.com/deepak-chopra/mercury-fish_b_893631.html
3. <http://abcnews.go.com/GMA/mercury-found-fish-streams-country/story?id=8369324>
4. http://usatoday30.usatoday.com/news/nation/environment/2009-08-19-fish-mercury_N.htm
5. <http://latimesblogs.latimes.com/greenspace/2009/08/mercury-fish-streams.html>
6. <https://pubs.usgs.gov/sir/2009/5109/pdf/sir20095109.pdf>

SOME QUOTES ABOUT THE DANGERS OF EATING FLESH FOOD:

"...Flesh food is injurious to health..." (MH 315.2)

"Flesh was never the best food; but its use is now doubly objectionable, since disease in animals is so rapidly increasing. Those who use flesh foods little know what they are eating...People are continually eating flesh that is filled with tuberculous and cancerous germs. Tuberculosis, cancer, and other fatal diseases are thus communicated." {MH 313.2}

"Many die of diseases wholly due to meat eating..." {MH 315.1}

"...Meat is the greatest disease breeder that can be introduced into the human system..." (MM 266.3/SpM 136.4)

"...The liability to take DISEASE IS INCREASED TENFOLD by meat eating...your safest course is to let meat alone." {2T 63.3}

SO, IF ONE CHOOSES TO GIVE UP FLESH FOOD, WHAT SHOULD THEY EAT IN ITS PLACE?

"In order to know what are the best foods, we must study God's original plan for man's diet...Grains, fruits, nuts, and vegetables constitute the diet chosen for us by our Creator." {CG 380.1}

"Grains, fruits, nuts, and vegetables constitute the diet chosen for us by our Creator. These foods prepared in as simple and natural a manner as possible, are the most healthful and nourishing. They impart a strength, a power of endurance, and a vigor of intellect..." (MH 296.1)

"GRAINS, FRUITS, NUTS, AND VEGETABLES, in proper combination, CONTAIN ALL THE ELEMENTS OF NUTRITION; and when properly prepared, they constitute the diet that best promotes both physical and mental strength." (Ed 204.3)

"The grains, with fruits, nuts, and vegetables, contain all the nutritive properties necessary to make good blood. These elements are not so well or so fully supplied by a flesh diet. Had the use of flesh been essential to health and strength, animal food would have been included in the diet appointed man in the beginning." (CD 396.1)

FOR ALL TYPES OF RECIPES FROM ALL OVER THE WORLD:

- <http://newstartclub.com/recipes>

My friend Renee Bushor IS AN EXCELLENT COOK whose recipes are delicious and healthful.

You can get her recipe CD with over 5,000 recipes with every category of food from: **Breads & Crackers, Breakfast, Cheeses & Dips, Cleaning, Laundry & Other, Condiments & Seasonings, Desserts, Entrees, Favorites, Gluten Free, Miscellaneous, Raw Dishes, Salads & Dressings, Sandwiches, Sauces & Gravies, Side Dishes, Soups & Stews, and Vegetables & Fruits.**

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There is more than just recipes for cooking though...also how to make laundry soap, cleaners, air fresheners, ant killing and removal, hair and skin, cleaning blinds, fabric softener, house hold tips and cleaners, how to clean almost anything, playdough, muscle rub, shampoo, salt uses, conditioner, unclog drains, sunscreen, body wash, bouncy balls, butter, bubbles, and much much more!!!

**If interested, call her at 540-297-3593 OR here is her email address is: renee.bushor@gmail.com
Or you can find her on Facebook.**

Why Is There Sickness & Disease

(Questions)

1. What is now considered to be the #1 disease in America? _____
2. Approximately how many people die from this disease every day? ___ thousand
3. What is the #1 Cancer among the male population?
4. What is the #2 disease in America?
5. How many people approximately die of heart attacks every year? _____
6. How may heart attacks be stopped in their tracks? _____
7. Name 4 other major diseases:
 1. _____
 2. _____
 3. _____
 4. _____
8. What disease will be the #2 leading cause of death by 2020? _____
9. What does Proverbs 26:2 tell us?(last section) _____
10. In what Book and chapter of the Bible can you find the curses regarding diseases?

11. How was everything described that God had made in the beginning? _____(Genesis 1:31)
12. God is _____ (1 John 4:8)
13. What does God want every one of us to BE IN? _____(3 John 2)
14. How many words of God are we to live by? _____ word (Matthew 4:4)
15. Does this include our Health? YES or NO
16. What shall come upon us if we refuse to observe that which God has told us in His statutes and commandments? _____(Deuteronomy 28:15)
17. Is God concerned with the way we take care of our bodies? YES or NO
18. Are we to glorify God in our bodies? YES or NO
19. Are two ways that we are to bring glory to God include eating and drinking? YES or NO
20. In today's day, how many people die prematurely? __ out of __ which = how many percent? ___%
21. Can a person die before their allotted time? YES or NO(see Ecclesiastes 7:17)
22. What was the diet God gave to man in the very beginning? _____
23. When did God add the Herb of the field? Before or after sin? _____
24. Why? _____
25. When did God permit the eating of flesh foods? After the _____....
26. Did God give Noah permission to eat unclean animals? YES or NO
27. How many pairs of clean animals went onto the ark? __pair; How many of the unclean? __pair
28. How old was the youngest person before the flood? What was their age? ___yrs.
Their name _____
29. After the flood, how old was Abraham's grandfather Nahor when he died? ___yrs old
30. How many years difference of yeas at the age of death is there between Lamech and Nahor? _____yrs.
31. What were the 8 rules given for men who wanted to eat clean flesh?
 1. _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____
 7. _____

32. Did God prophesy in telling us through Hosea, that in the last days the beasts of the field, birds of the air, and fish of the sea would languish(die of sickness & disease)? YES or NO
33. In 2014, COWS ARE ____; CHICKENS HAVE THE ____; and FISH ARE FULL OF _____
34. Flesh food is _____ to health.
35. Many die of diseases wholly due to _____.
36. _____ is the greatest _____ breeder.
37. The liability to take _____ is increased _____ by _____.
38. What are the BEST four food groups? _____, _____, _____, and _____.
39. Do these four food groups supply all the nutrients necessary to make good blood? YES or NO