

## Disease Reversal Program – Being Made Whole

**Website:** [Healthy Christian Living - Living by the Blueprint](#)

“We have come to a time when **EVERY MEMBER** of the church should take hold of medical missionary work...” (7T 62.1)

“As religious aggression subverts the liberties of our nation, those who would stand for freedom of conscience will be placed in unfavorable positions. **For their own sake, they should, while they have opportunity, become intelligent in regard to disease, its causes, prevention, and cure...**” (CH 506.1)

### **WHAT IS DISEASE?**

“Disease is an effort of nature to free the system from conditions that result **from a violation of the laws of health...**” (MH 127.1)

### **LEARN HOW TO COMBAT DISEASE:**

“Gather up all the knowledge possible that will help to combat disease...” {MM 320.2-.3}

“All gospel workers should **know how to give the simple treatments** that do so much to relieve pain and remove disease...” {CH 389.1}

“...Have a practical knowledge of the causes of disease, and...**understand how to give simple treatments,** that he may relieve the suffering ones...” {ChS 134.2}

“It is essential both to **UNDERSTAND** the principles involved in the treatment of the sick and to **have a practical training** that will enable one rightly to use this knowledge...” (MH 127.2)

### **3 John 2 – The Bible says that God wants us in health.**

It also says God wants to sanctify us wholly, Body, Soul & Spirit (1 Thess. 5:23)

“And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.”

**ACCORDING TO THE W.H.O.** (World Health Organization),

**The definition of health is as follows:**

Health is the general condition of a person in all aspects. It is also a level of functional and/or metabolic efficiency of an organism, often implicitly human. At the time of the creation of the World Health Organization (WHO), in 1948, Health was defined as “a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity.”

In **Matthew 9:12**, Jesus says “They that be WHOLE, need not a physician.”

If anyone is on any type of medication, no matter how well they may feel, they are not whole.

### **HEALTH IS SPIRITUAL:**

- **Romans 12:2** says: there is to be a “Renewing of your mind.”

### **WHY?**

Because the fleshly mind is Carnal (**Romans 8:7**) and it is with the mind that we are to serve the law of God. (**Romans 7:25**)

This is why there is such an attack by Satan. [He is a genius and has studied over the last 6,000 years what affects the mind more than anything.](#) One of the main ways he does this is through the violation of the laws of health, especially what we put into our mouths.

The Bible tells us to in [1 Peter 5:2](#) to have a ready mind... **Ready = Sober.** The arch enemy knows that [through our diet, he can make us drunkards,](#) even if we do not partake of any alcohol.

[Were you aware that 9/10 ths of disease start in the mind?](#) That's a whole other topic that we will be going over in detail in the near future. As a matter of fact, [there are 7 parts to the diseases of the mind.](#)

#### **JUST A FEW FACTS ABOUT THE MIND:**

- Most [Alzheimer's and mental diseases come from a lack of iodine.](#) [Aluminum](#) is also [one of the main contributors](#)
- Studies show that 10 minutes of Brisk walking can give you 1 hour of creative thinking and can also speed up the heart rate so you won't get as slow a brain as we often do
- One bitter thought changes the blood chemistry from alkali to acidic  
“For as he thinketh in his heart, so is he...” (Proverbs 23:7)

#### **Romans 12:1**

- [“Present your Bodies a Living Sacrifice...”](#)

This is referring to Health – When sacrifices were presented, they were to be without spot or blemish (Leviticus 3:1) See also [Daniel 1:3-6](#)

#### **IN ORDER TO HAVE HEALTH:**

- Eat like a King or Queen for breakfast;
- Prince or Princess for lunch, and
- If possible, pass on the evening meal... otherwise only eat some type of grain and fruit  
You're fasting from that 2nd meal all the way to breakfast --  
That's why the word breakfast is used. [Breakfast means break the fast](#) -- You fasting that much time on a daily basis causes the organs to relax and rest so that they can heal themselves.

[The vegan lifestyle/diet allows you to present your body a living sacrifice to God.](#)

#### **WHY?**

Because now you're denying yourself the things you love and you are taking up the things that the Savior gave to us in the beginning.

Remember that we started out in Eden – we got to the cross - and now we're heading back to Eden Restored. Remember that the diet got progressively worse and now God wants it to get progressively to the way it was intended in the Garden of Eden.

And remember, sin will mature to its fullest and things will be like they were in the days of Noah and Lot.

#### **WHAT WERE THEY LIKE?**

- They were eating, drinking, dressing, giving and taken in marriages to an excess...
- Never in our American History have people been marrying and divorcing and eating like they are today.
- You can find some type of food place on just about every major corner in the U.S.
- The Lord is coming soon. ARE WE READY?

## HEALTH IS SPIRITUAL!!!

- The Work Needs To Start @Modern Day Israel.
- Every SDA should be a Medical Missionary Worker
- **“Every member of the church should take hold of the medical missionary work...”** (7T 62.1)

**\*\*\*When God's Children humble themselves before Him, and deny themselves that which they're used to, God will bring more people into His Churches. Were you aware that **God cannot and will not send people to our churches as long as we are not living according to the health message in our churches?** (6T 370.3) However, when we do what we are required, great things will take place. **ARE YOU WILLING TO TAKE A STAND?****

## HEALTH IS SPIRITUAL

Any time you violate the Laws of God, the curse & judgment is built into the violation

## HEALTH IS SPIRITUAL

If you violate the natural laws, you are more inclined to violate the spiritual laws, and vice versa because **Breaking the Health Laws is = to breaking the 10 Commandments.** (CD 17)

**“The transgression of physical law is the transgression of God's law.”** (CD 43.3)

**“It is just as much a sin to violate the laws of our being as it is to break one of the ten commandments, for we cannot do either without breaking God's law.”** (CD 44.3)

## HEALTH IS SPIRITUAL

**Q: How?**

**A: When you go outside of the will of God, it causes sickness & disease.**

## THE PSALMIST SAYS

**“Before I was afflicted, I went astray.”** (Psalms 119:67)

**WOULD YOU LIKE TO BE MADE WHOLE? That is the question.**

In Adventism today, we have a lot of problems where the **women & men, especially women, go outside of the church to look for their mate.** By the way, were you aware that there are like 8 women to 1 man? Some statistics say 18 to 1.

**As a result of being unequally yoked, many are suffering from all types of sickness & disease. Those who knew God's word somewhat & go outside His will have a small still voice (Holy Spirit) that follows them no matter where they go. And most of them will suffer and go through horrible things because they knew better.**

By the GRACE OF GOD, some of these people have come back to God, are adopting all His health principles and have recovered from their afflictions.

**WARNING:** Please do not think that you can do the same thing and be alright. We are in serious times, in the time of judgment for the living, and **it can be at any time that your name comes up before God.**

By the way, when we learn how to do one-on-one consultations, and we get to the spiritual part, there will be some people who will open up to you about some things they have done in their lives.

By no means are we at liberty to repeat anything they say to us...it is to be strictly confidential – between you, the person & God only.

And do know and realize that if you backbite and gossip with your tongue, you can be cursed like Miriam was?

**HEALTH IS SPIRITUAL** – Do not let anyone tell you it is not.

Do you remember why Miriam was struck with Leprosy? (Numbers 12:1-15)

**BECAUSE OF BACKBITING**

- **Be very careful who you talk about & what you say.**
- **Be careful who you criticize.** Especially be careful if you speak against a man (or woman such as Ellen White) that God has called. It doesn't matter how wicked that person was, or how wicked they have become, God's people have no right going around gossiping about it, no matter how true it may be (think of Philippians 4:8). **Yes, sometimes it may be necessary to discuss with some leaders so appropriate measures and action can be taken;** and it may even need to be brought before the whole church body, but once that has been done, **there is no need for gossip,** especially to those who are not members of the church or who once were, but no longer are. They do not need to be discouraged by the evil reports. **And we definitely don't need to be gossiping about our church members to those not of our faith.** What witness is this to the truth?

**HEALTH IS SPIRITUAL**

Do you remember how David treated Saul, even when Saul tried to kill him? He said, "I will not touch the Lord's anointed" And **neither should we.** And keep in mind, Saul was possessed with demons, yet David called him "the anointed of the Lord." Saul tried to take David's life over and over and over again, yet **David said, "I will not touch the Lord's anointed."** -- Are we touching the Lord's anointed? If so, we need to repent, or we too can be stricken with disease like Miriam was. **Stop speaking against the leaders and people in our churches. If you don't agree with things they do or say, go to them according to Matthew 18, but don't be spreading gossip about them...**and when you go to them to **give constructive criticism,** be sure the beam is out of your eye first and **be sure you have the love of Jesus in your heart and tears in your eyes as Jesus did when he rebuked.**

**SINS MUST BE CONFESSED AND FORSAKEN IN ORDER TO HAVE COMPLETE HEALTH & HEALING**

Many people are completely vegan, eating exactly the way they should and follow the laws of Health, yet they are sick.

**WHY?**

**BECAUSE HEALTH IS SPIRITUAL**

When you go outside of **GOD'S PLAN,** no matter if it deals with adultery, lying, stealing, gossiping, or even what type of food you eat or what you wear. **When you go outside of HIS PLAN, you are headed for nothing but disaster. And don't think because you don't see the results now that it won't come to you at some later time.** The Bible says God will not be mocked (Galatians 6:7). **Sickness & Disease in most cases IS THE SURE RESULT.**

**YOU MAY ASK "WHY NOT IN ALL CASES?"**

Because of **God's promise that blessings would go to the 3rd and 4th generation, many, even though they are violating the laws of health,** many can eat & drink & live any way they wish and still live to an old ripe age

(Remember George Burns? He lived to be 100 yrs., yet smoked cigars like there was no tomorrow). I know of people today who eat horribly & truly don't have sickness and they are in their 80's. **This is not because it doesn't matter what we eat. This is because God cannot go back on His word.** We don't know what George Burns Great-grand-parents or Grandparents were. For all we know, they were SDA's or sincere Christians who were living up to all the light they had and they prayed for their offspring. **\*\*\*We must not let circumstances & outward appearances change our faith in the bible and start doubting God – we need to take what we see & line it up with the word of God, and not the other way around.**

Remember David & Solomon's sins? Yet we didn't see the Kingdom divided until Solomon's son Rehoboam was King because of God's promise to David re: Solomon & because of God's promise to Solomon.

### **HEALTH IS SPIRITUAL:**

#### **3 Perspectives we will be teaching from are:**

- 1. The Bible**
- 2. The SOP**
- 3. Good Scientific Material** (Good scientific material is that which does not contradict the Bible and/or SOP)

The Bible refers to “False Science” (1 Timothy 6:20) which means there is also a true Science. And we are counseled in the SOP that God's people (SDA's) are not to be inferior in the Sciences, especially Medical Science. (CT 476.2) -- Remember Daniel & his 3 friends? It says when they were taken captive, they understood science (Daniel 1:4) – Their moms were their educators, but that is another whole subject within itself.

### **WOULD YOU LIKE TO BE MADE WHOLE?**

#### **OTHER WAYS TO CAUSE US NOT TO BE WHOLE:**

Some people feel that they can mark up the body with tattoos any way they want & pierce the body a little here and a little there. But were you aware that **if you pierce your body, your ear, navel, or anywhere for that matter, that it takes 1 yr. before you can give blood? You have just poisoned the body.**

The world knows that you have poisoned the body. The American Red Cross won't even take your blood. Why not? **Because scientific research shows that when you put this ink on your body, it goes into the bloodstream & poisons the blood.** As a matter of fact, it is said, that in today's day, approximately 80% of those who get tattoos wind up getting hepatitis c -- **the main reason is not the needle,** because they change the needle due to certain health laws in each city, **but the backed up ink in the gun is used over & over** & all it takes is one infected person with hepatitis c to cause the problem.

Also, there is a case History of a woman who used to wear a purple hat every day. And one day, she came down with an ailment and when they went to check it, her brain was purple and every bone in her body was purple too. **The dye from the purple hat went through her skull & also went to every possible part of the body & poisoned the body. SHE DIED OF CANCER. Dying your hair with chemicals can have the same effect.** As a matter of fact, a person who performs autopsies told a friend of mine that when he gets to the brains of the people, he can tell you dyed their hair and who didn't. He said **those who dyed their hair have smaller brains because the chemicals shrunk their brains.** Besides: **Anything you put topically will go into the bloodstream.**

There are some of us who like to put all these chemicals in our hair. **Do you know who has more incidents with cancer than any other race on the face of the earth because of the dyes and chemicals put in their hair? THE AFRICAN AMERICAN WOMEN.**

## THE BIBLE SAYS:

“Know ye not that your bodies are the temple of the Holy Ghost, which is in you, which ye have of God, and ye are not your own. For ye are bought with a price: therefore glorify God in your body and in your spirit which are God’s (1 Corinthians 3:16-17) ... **WE ARE NOT AT LIBERTY TO TAKE ADVANTAGE OF GOD'S BODY.** God's people should not tattoo and pierce their bodies.

In John 5: The story is told of a gentleman who was laying by the pool for 38 years. Christ asked him, “Would you like to be made whole? The gentleman says yes. Christ then healed him and later saw him and told him, “Behold, thou art made whole: **sin no more lest a worse thing come upon thee**” (John 5:2,5-9,14) **the worse thing to come upon thee is seven more**

A man may spend all that he has in this world at a Health Institute, and find great relief, and may then return to his family and to his old habits of life, and in a few weeks or months be in a worse condition of health than ever before. He has gained nothing; he has spent his limited means for nothing...” {1T 643.1}

When GOD has given thee victory over a certain ailment, do not backslide...Now, if you happen to fall back, get up and **SING THE SONG: “I have decided to follow Jesus”** when you feel like going back to your old desires/ways.

## DO YOU KNOW WHAT WE ARE TOLD ABOUT GETTING UP WHEN WE FALL?

“Often, He met those who drifted under Satan's control, and who had no power to break from his snare. To such a one, discouraged, sick, tempted, fallen, Jesus would speak words of tenderest pity, words that were needed and could be understood.” {MH 26.1}

**GO AND SIN NO MORE!!!** (See: Daniel 12:1; Exodus 32:33; 1 John 3:6-9; 1 John 5:4; 1 John 17:15-17; John 15:19; 1 John 2:14-17; Acts 3:19; Philippians 4:13; 2 Timothy 4:1-5; Romans 1:16; John 1:12)

## WHAT DOES THAT MEAN?

Obviously the man had something that he had done that brought sickness upon himself.

## WHEN LEARNING AND TEACHING HEALTH REFORM, LET'S KEEP THE FOLLOWING IN REMEMBRANCE:

Sickness and Disease are caused by 1 of 2 reasons

1. Violation of Spiritual Law
2. Violation of Physical Law

**Note: EVERY SICKNESS IS DUE TO A VIOLATION OF THE LAWS OF HEALTH.** (CH 37.1-2)

But the sickness can still be used to the Glory of God. **Remember the death of Lazarus? Glory was brought to God. Remember the sickness of Job? Glory was brought to God.** Also, keep in mind, just as the blessings go down to the 3rd and 4th generations, the cursing's can go down to them as well.

## AND PLEASE KEEP THE FOLLOWING IN MIND:

Many who are sick, and have weak and feeble bodies are so because of the things their parents, grandparents or great grandparents did. (MH 234.1 and Exodus 20:5)

## NOW LET'S GO BACK 2000 YEARS...

**John 9:1** – Do you remember the story of the man who was born blind? Neither his parents nor himself had sinned. And yet **his sickness was used for the Glory of God.**

Likewise, many children today are born crippled, blind, asthmatic, etc. and people wonder why. Blindness in many cases, can be due to some form of accident or vaccination.

- It is because of their parents. Perhaps certain food was eaten that should not have been, or drugs were used by the parents, or the mother refused to exercise when she was pregnant, making the circulation to the fetus poor. Or perhaps drug medication was being taken by the parents. And, you don't have to take the drug during pregnancy to affect the unborn child. We are told in counsel that many drugs produce their harmful affect at a later period.
- But no matter what the sickness, if a person repents, changes their bad habits and does the thing they know to do correctly, that person can be healed, and glory may be brought to God. But not all the sick will be raised to Health...Do you remember Apostle Paul when he asked God to remove his affliction? What was God's response? God did not remove it.

By the way, did you know that in the 60's/70's, a certain [drug medication](#) was [given to pregnant women](#) and [many children were being born without arms or legs?](#) This connection was eventually discovered and that [drug was banned from being given.](#)

**HERE IS A QUOTE I WOULD LIKE TO SHARE:**

["Many suffer in consequence of the transgression of their parents.](#) While they are not responsible for what their parents have done, it is nevertheless [their duty to ascertain what are and what are not violations of the laws of health.](#) They should avoid the wrong habits of their parents and, by correct living, [place themselves in better conditions."](#) {MH 234.1}

**NOW LET'S CONTINUE ON:**

[Luke 5:17-26...this story is told of the paralytic](#)

Verse: 20 – “And when he saw their faith, he said unto him, Man, thy sins are forgiven thee.”

We are told that this paralytic man didn't even really care about the physical healing. [All he wanted more than anything was to know that his sins were forgiven.](#) There are many people today who have turned their backs on God and have done things they know were wrong, and as a result, they are suffering, believing that God has completely forsaken them. [What they don't need is to be reminded over and over that they brought this upon themselves.](#) Many of them already know this. [All they care to know is that God loves and truly forgives them.](#) (HL 234.5)

["In nine cases out of ten the knowledge of a sin-pardoning Saviour would make them better both in mind and body."](#) --T., No. 32, p. 205. {HL 234.5}

When they are relieved of their affliction, then you may go and reveal to them to go and sin no more. By the way, be sure to share with these afflicted the chapter in Ministry of Healing titled '[Prayer For The Sick.](#)' [Learn that chapter and share it with the afflicted.](#)