

America's Death Warrant
Understanding Cancer & Its Treatment
Breast Cancer (Part 4)

Website: [Healthy Christian Living - Living by the Blueprint](http://www.healthychristianliving.com)

NOTE: Please read parts 1 & 2 before reading this document.

FACTS ABOUT BREAST CANCER IN THE UNITED STATES

- One in eight women in the United States will be diagnosed with breast cancer in her lifetime.
- Breast cancer is the most commonly diagnosed cancer in women.
- Breast cancer is the second leading cause of cancer death among women.
- Each year it is estimated that over 246,660 women in the United States will be diagnosed with breast cancer and more than 40,000 will die.
- Although breast cancer in men is rare, an estimated 2,600 men will be diagnosed with breast cancer and approximately 440 will die each year.
- On average, every 2 minutes a woman is diagnosed with breast cancer and 1 woman will die of breast cancer every 13 minutes.
- Over 2.8 million breast cancer survivors are alive in the United States today.

<http://www.nationalbreastcancer.org/breast-cancer-facts?gclid=CPb6iYqH8NEFc-FgodKFUNeA>

NOTE: There are MANY TYPES OF CANCER

Find out which cancer you are dealing with, then find out what are the 2 top herbs for that cancer and include them in the Herbal Formula Tea mentioned in the 2 Month Healing Program

Find out what the best foods for that particular cancer are

- For Colon Cancer, read → **'Why is GI in Trouble'** (Parts 1-2)
And also have them fill out the 'Digestion Assessment Form'
- Be VERY STRICT in the Diet
- Follow all the Laws of Health
See → **'Basic Principles for the Healing Program'** document
- Read all the documents in order of **Packet 1/Phase 1**
- Go on the Simple **'Two Month Healing Program'**
See → document for this
A person with Cancer may need to stay on this program for 3-4 months
- Do a **Cold Sheet Wrap 1 x week every week**
This is the BEST NATURAL CHEMOTHERAPY
- Don't use any cosmetic/body/hair products that contain poisonous ingredients/chemicals
Read → **'Cosmetics'** document

NOTE: Ask for any of the documents listed above

A PROMISE FOR THE SICK:

"The principles of health reform brought into the life of the patient, the use of nature's remedies, and the cooperation of divine agencies in behalf of the suffering, will bring success." {LLM 545.2}

[What To Tell All Sick People Per The Spirit Of Prophecy](#)

"I said, **you are now a sick man**, and you feel your need of a physician...now you must be made to feel that you have not treated yourself as you should, but have disregarded the laws of health by your terrible neglect of yourself. **Something must be done...**" {Lt115-1898.4}

Keep regular hours. You will need to guard yourself strictly. Do not worry about any one or anything. Look to Jesus. Confess your transgression of nature's laws, and...do not suppose that you must consider your...organs incurable. Tell the Lord all about it. You need not consult any physician. Arouse yourself, and act on the light you have. Study to understand yourself, and be determined to obey the laws the Lord has made to govern your being. Do all you can to break up the disorderly habits you have felt you could not prevent." {Lt115-1898.5}

...From house to house, when you are presented with unhealthful food to eat, tell the people you are seeking to turn back the mighty current of physical evil, and that you dare not sacrifice your life through indulgence to please any mortal. Guard the citadel of the body. Improve in a knowledge of how to take care of the house you live in. Nature, if you give her a chance, will seek to counteract the evils placed upon her, and will take up her work and do it wisely and well." {Lt115-1898.6}

"...Faculties of mind and body will be renewed. But in order for this to be, they must practice self-denial, and be temperate in all things. Thus only can they be saved from physical and spiritual death and restored to health." {MM 262.3}

FOR THOSE WHO ARE DYING FROM CANCER

- "...poor man, he is dying of cancer, and I am so far away that I cannot be near to help him. But I can write to him, and I can pray for him." {RY 62.1} 1906

COMFORT TO A MINISTER DYING OF CANCER

- "We do not forget you; we remember you in our prayers at the family altar. I lie awake nights pleading with God in your behalf." {RY 151.2}
- Oh, I feel so sorry for you. I will continue to pray that the blessing of God may rest upon you. He will not leave you comfortless. This world is of but little account, but, my dear brother and sister, Jesus says, "ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you" (Matthew 7:7). I plead this promise in your behalf..." {RY 151.3}
- "We have come to a time when **EVERY MEMBER** of the church should take hold of medical missionary work..." (7T 62.1)

LEARN HOW TO COMBAT DISEASE:

"GATHER up all the KNOWLEDGE possible that will help TO COMBAT DISEASE..." {MM 320.2-.3}

"It is the duty of EVERY PERSON to become intelligent in regard to disease and its causes..." {HL 19.5}

"...Have a practical knowledge of the causes of disease, and...understand how to give simple treatments, that...may relieve the suffering ones..." {ChS 134.2}

"It is essential both to understand the principles involved in the treatment of the sick and to have a practical training ..." (MH 127.2)

“As religious aggression subverts the liberties of **OUR NATION**, those who would stand for freedom of conscience **will be placed in unfavorable positions**. For their own sake, **THEY SHOULD**, while they have opportunity, **become intelligent in regard to disease, its causes, prevention, and cure...**” (CH 506.1)

WHAT IS THE DEFINITION OF DISEASE?

“...Disease is an effort of nature to free the system from conditions that result from a violation of the laws of health.” (MH 127.1)

BIBLE:

3 John 2 – “Beloved, I wish above all things that thou mayest prosper and **BE IN HEALTH**, even as thy soul prospereth.”

Jeremiah 30:17 – “For I will restore health unto thee, and I will heal thee of thy wounds, saith the LORD...”

Psalms 103:3 – “Who forgiveth all thine iniquities; **who healeth all thy diseases;**”

“Is anything too hard for the Lord...?” (Genesis 18:14)

- **God wants to heal us of ALL OUR DISEASES**, including PAIN. And today some doctors will tell you that this disease can in fact now be reversed/cured.

WE WILL BE TEACHING FROM 3 SOURCES:

- The Bible
- The SOP
- Good Scientific Material – giving you the most advanced teaching, the most aggressive teaching in terms of health, healing and restoration.

“Gather up all the knowledge possible that will help to combat disease...” {MM 320.2}

HOW?

“...Study our health literature and become intelligent on this important subject.” {MM 320.3} 1911

Dairy-Free Diet Can Help Cut Risk of Breast Disease 85%

Women who eat too much cottage cheese and other dairy products increase their risk of breast disease and breast cancer, say doctors. But a dairy free diet can actually help reverse breast disease that could lead to cancer.

“The cottage cheese lunch can be a precursor to breast cancer” because cheese contains the hormone estradiol, said Dr. L.B. Fratkin, who conducted a long-term study involving 1,500 women with benign breast lumps. Estradiol, a form of estrogen, is a powerful hormone cows produce in their milk to help calves grow. In excess amounts, it can be harmful.

“Estradiol causes breast disease in women,” said Dr. John Spratt, professor of both surgery and community health at the University of Louisville. “Since estradiol concentrates particularly in cheese, we find that women who have chronic cystic disease are often heavy cheese eaters. Both doctors recommend women with benign (non-cancerous) breast disease go on a dairy-free diet.

“Of 1,500 patients with benign breast lumps, I’ve had in the past 15 years, 85 percent became clinically clear of cystic disease of the breast after going on a dairy free diet,” said Dr. Fratkin, clinical associate professor of surgery at the University of British Columbia.

“When my patients go on the dairy-free diet, their breast lumps disappear and their breast size decreases, and they lose body fat. Concluded Dr. Spratt:

“There’s some evidence that these breast diseases are precursors to breast cancer. Dr. Fratkin’s idea of limiting the intake of dairy products to decrease the incidence of breast cancer and breast disease merits support.

WHAT DOES THE SPIRIT OF PROPHECY HAVE TO SAY ABOUT THIS?

“Too little attention is generally given to the preservation of health. It is far better to prevent disease than to know how to treat it when contracted...” (MH 128.1)

ONE THING THAT WAS MENTIONED AS BEING A MAIN CULPRIT WAS CHEESE.

- **What are we counseled about cheese?**

“...Flesh-meats, butter, **CHEESE**, rich pastry, spiced foods, and condiments are freely partaken of by both old and young. These things do their work in deranging the stomach, exciting the nerves, and enfeebling the intellect. The blood-making organs cannot convert such things into good blood...The effect of cheese is deleterious...” (CTBH 46-47)

“Cheese should never be introduced into the stomach.” {CD 368.4}

“...CHEESE is still more objectionable; it is wholly unfit for food.” (CD 368.5)

- **What Are We Counseled regarding Milk/Dairy Products?**

“...the time will soon come when there will be no safety in using eggs, milk, cream, or butter, because disease in animals is increasing in proportion to the increase of wickedness among men...the whole animal creation will groan under the diseases that curse our earth.” {CD 460.4} This was written in 1902. 115 years ago....Notice she says “the time will soon come.” Read also → Isaiah 46:9-10; Isaiah 1:18; 41:21; Hosea 3:5-4:3 (KJV)

“...As disease in animals increases, THE USE OF MILK and eggs will become more and more unsafe. An effort should be made to supply their place with other things that are healthful and inexpensive. The people everywhere should BE TAUGHT HOW TO COOK WITHOUT MILK and eggs, so far as possible, and yet have their food wholesome and palatable.” {CD 365.2}

This was written in 1905, 110 years ago. ***Go to: www.notmilk.com

AS WE LEARNED TODAY, DAIRY PRODUCTS ARE RELATED TO CYSTS IN THE BREASTS AND BREAST CANCER

They are also responsible for:

- Acne
- AIDS
- Allergies
- Bovine Leukemia
- Cancer
- Mad Cow’s Disease

- Tuberculosis
- Tumors
- And so much more

By the way, the article shared here today is very old and cannot be found online. So in order to prove this article to be true, a Sister in the Church did some research and found Dr. L.B. Fratkin's contact number online. His listing was a Canada listing. This is the doctor who did the study with 1,500 women.

Anyways, when the Sister called, she got to speak with the wife of Dr. L.B. Fratkin. The wife's name is Priscilla Fratkin and she said her husband's name was Leonard Fratkin. They were married in 1944 and he died in 2002. **When Mrs. Fratkin was asked if the studies that have been read about were true, she said, "Oh yes, my husband has done many studies.** She also said he was a General Surgeon.

AS FOR DR. SPRATT, HIS INFORMATION MAY BE FOUND ONLINE:

- He was the Medical Director @the Cancer Hospital from 1961-1976.
- He Conceived and raised funds and built the non-profit cancer research center, serving as director from 1964-1976
- He then became the professor of Surgical Oncology at Louisville, School of Medicine. Meaning any tumors or cysts dealing with cancer, he removed surgically. He worked there from 1976-2003, retiring at that time.
- He died in 2005

EVERYONE WITH ANY TYPE OF CANCER NEEDS TO WATCH → 'Forks Over Knives'

<http://www.alluc.to/documentaries/watch-forks-over-knives-2011-online/329436.html>

Read → T. Colin Campbell's book 'The China Study'

HERE IS A SUMMARY OF CHAPTER 11 OF HIS BOOK ON BREAST CANCER:

BREAST CANCER:

1. Prominent studies reported that only a **tiny minority** of cancers can be solely blamed on **genes**.
2. One out of eight American women will be diagnosed with this disease during their lifetimes - **one of the highest rates in the world.**
3. This disease, perhaps more than any other, incites **panic** and **fear** in women.

MAJOR RISK FACTORS:

1. Early age of menstruation
2. Late age of menopause
3. High levels of female hormones in the blood (estrogen and progesterone)
4. High blood cholesterol

EVIDENCE

1. Women who consume a diet **rich** in animal-based foods, with a **reduced** amount of whole, plant-based foods, reach **puberty earlier and menopause later.**
2. According to our China Study data, lifetime exposure to estrogen is at least 2.5-3.0 times higher among Western women when compared with rural Chinese women.
3. There is overwhelming evidence that **estrogen levels are critical determinant of breast cancer risk.** Estrogen directly participates in the cancer process.

4. Increased levels of estrogen and related hormones are a result of the consumption of **typical Western diets, high in fat and animal protein and low in dietary fiber.**

5. The risk of breast cancer is **preventable** if we eat foods that will keep **estrogen levels under control.**

COMMON ISSUES:

1. It is true that if you have a family history of breast cancer, you are at an increased risk of getting the disease. However, one research group found that less than 3% of all breast cancer cases can be attributed to family history.

2. The genes for breast cancer are: BRCA-1 and BRCA-2

3. These genes when mutated confer a higher risk both for breast and ovarian cancers. They may be passed on from generation to generation.

4. But, only 0.2% of individuals in the general population (1 in 500) carry the mutated forms of these genes.

5. Only a **few percent** of the breast cancer cases in the general population can be attributed to mutated BRCA-1 and BRCA-2 genes. **Environmental** and **dietary factors** play a central role in determining whether these genes are **expressed.**

6. Doing a mammography or getting a genetic test to see if you harbor BRCA genes **does not** constitute prevention of breast cancer. Screening is merely an **observation** to see if the disease has progressed to an observable state.

7. Women who undergo frequent mammography tests have slightly lower mortality rates. This implies that our cancer **treatments** are more likely to be successful if the cancer is found at an early stage.

8. Drugs such as **Tamoxifen** and its newer analogues are considered **anti-estrogen drugs.** They work by **reducing** the activity of estrogen, which is known to be associated with elevated breast cancer risk.

9. China Study's question to this: **"Why don't we ask why estrogen is so high in the first place, and once we recognize its nutritional origin, correct it's cause?"**

10. Instead of suggesting dietary change as a solution, we spend hundreds of millions of dollars developing and publicizing a drug that may or may not work and that almost certainly will have **unintended side effects** (stroke, uterine cancer, cataracts, deep vein thrombosis, and pulmonary embolism), (my part here: kidney failure and the list goes one)

CONVENTIONAL TREATMENT OPTIONS:

1. Watch and wait

2. Take Tamoxifen medication for the rest of their lives

3. Mastectomy

There should be a 4th option....

4. Consuming a diet free of animal-based foods and low in refined carbohydrates, aided by regular monitoring for those at high risk. (My input here: AND #5: Natural Therapies that are known to reverse this disease)

BREAST CANCER AND ENVIRONMENTAL CHEMICALS

1. Widely distributed chemicals have been shown to **disrupt hormones**

2. From 90-95% of our exposure to these chemicals comes from consuming animal products.

3. Other significant causes of breast cancer are PAHs (Polycyclic Aromatic Hydrocarbons) and are found in auto exhaust, factory smoke stacks, petroleum tar products and tobacco smoke.

4. The rate at which PAHs are metabolized into products that bind to DNA is very much controlled by **what we eat.** High Western-type diets will **increase** the rate at which chemical carcinogens like PAHs bind to DNA to form products that cause cancer.

HORMONE REPLACEMENT THERAPY (HRT)

1. For every 10,000 healthy postmenopausal women who took HRT, there were seven more women with heart disease, eight more with strokes and eight more with pulmonary embolism.
2. HRT may well be the cause of more harm than good
3. Instead of relying on HRT, **China Study suggest** that there is **a better way, using food.**
 - During the reproductive years, hormone levels are elevated, although the levels among women who eat plant-based diets are not as elevated.
 - When women reach the end of their reproductive years, it is entirely natural for reproductive hormones of all women to drop to a low “base” level.
 - As reproductive years come to an end, the lower hormone levels among plant eaters don't crash as hard as they do among animal eaters.
 - A plant-based diet leads to less severe hormone crash and gentler menopause.
*****Summary done by a friend*****

BREAST CANCER INFO VIDEOS:

- www.nutritionfacts.org/video/is-soy-healthy-for-breast-cancer-survivors
- www.nutritionfacts.org/video/should-women-at-high-risk-for-breast-cancer-avoid-soy

BREAST CANCER ARTICLES:

<http://nutritionfacts.org/topics/breast-cancer/>

1. Citrus Fruit Can Block Cancer Cells from Forming

- <http://www.naturalhealth365.com/citrus-fruit-cancer-2034.html>

2. Substance in Okra kills Breast Cancer Cells

- <http://www.herbs-info.com/blog/scientists-find-substance-in-okra-kills-breast-cancer-cells/>
Eat Okra at least 1x week

3. How to Cut Breast Cancer Risk in Half

- <http://nutritionfacts.org/2016/09/27/dietary-factors-affect-breast-cancer/>

4. Cell Phones cause Cancer

- <http://www.newsmax.com/Health/Headline/government-admits-cellphones-cause/2016/05/31/id/731595/>

5. Ginger 10,000 x Stronger than Chemo

- <https://www.google.com/webhp?sourceid=chrome-instant&ion=1&espv=2&ie=UTF-8#q=ginger+10,000x+stronger+than+chemo>

6. Sweet Wormwood 1,000 x more Protective than Chemo

- <http://www.naturalhealth365.com/wormwood-breast-cancer-2129.html>

7. 1 Glass of Wine Increases Breast Cancer Risk

- <http://www.telegraph.co.uk/news/health/news/9171294/Just-one-glass-of-wine-a-day-linked-to-breast-cancer-research.html>

- <https://www.theguardian.com/society/2015/aug/18/daily-glass-wine-raises-risk-breast-cancer-women-study>

8. Third Hand Smoke Causes Cancer

- <http://www.foxnews.com/health/2014/03/17/thirdhand-smoke-poses-cancer-risk.html>
- <http://news.nationalgeographic.com/news/2014/03/140320-thirdhand-smoke-cigarettes-cancer/>

WHAT TO KNOW BEFORE DOING THE TREATMENT (TX):

“My dear friends, instead of taking a course to baffle disease, you are petting it and yielding to its power. You should avoid the use of drugs, and carefully observe the laws of health. If you regard your life, you should eat plain food, prepared in the simplest manner, and take more physical exercise. Each member of the family needs the benefits of health reform. But drugging should be forever abandoned; for while it does not cure any malady, it enfeebles the system, making it more susceptible to disease.” {CD 82.4}

- **CHEMOTHERAPY KILLS THE IMMUNE SYSTEM**

- **What to do for Chemo Side-effects**

- <https://cookingupthecure.com/2012/07/13/powerful-remedies-for-chemotherapy-side-effects/>

- We do not agree with “acupuncture” mentioned in the article

- **Dr. Lorraine Day, who was a Trauma Dr. in the ER in San Francisco General said you need your Immune System to fight Cancer**

- When she got a grapefruit sized breast lump coming through her chest, she didn’t use Chemo or Radiation. Now I don’t agree with everything she did...

- (Read all of Phase 1 Documents and Cancer Docs to know what to do)

- But she fought cancer naturally, without the use of any drugs

- She has a video called: ‘**Cancer Doesn’t Scare Me Anymore**’

- Watch it here: <https://www.youtube.com/watch?v=Zouy3ZsqSSg>

WHAT TO DO (Non Treatment):

1. Fill out the ‘Basic Assessment Form’ first, then fill out the ‘Detailed Assessment Form’ 2 weeks later
2. Fast x 1-2 days
3. Follow ALL the Laws of Health

“Pure air, sunlight, abstemiousness, rest, exercise, proper diet, the use of water, trust in divine power-- these are the true remedies. EVERY PERSON should have a knowledge of nature's remedial agencies and how to apply them...” (MH 127.1)

“The sick should be educated to have confidence in nature's great blessings which God has provided; and the most effective remedies for disease are pure soft water, the blessed God-given sunshine coming into the rooms of the invalids, living outdoors as much as possible, having healthful exercise, eating and drinking foods that are prepared in the most healthful manner...” {MM 225.1}

“...It is nevertheless their DUTY TO ASCERTAIN what are and what are not violations of the laws of health...” {MH 234.1}

“...It is nevertheless their duty to ascertain what are and what are not violations of the laws of health...” {MH 234.1}

“You are to apply the laws of life and health to your own case...” (KC 20.4)

4. **Abstain from everything that is hazardous to health.**

5. **Go on the Two Month Program FOR 3-4 MONTHS...**Ask for the document if you don't have it.

“We find in every such instance a good reason why they cannot live out the health reform. **THEY DO NOT LIVE IT OUT**, and have **NEVER FOLLOWED IT STRICTLY**, therefore they cannot be benefited by it...those who have not been converted to health reform, and have never fully adopted it, are not judges of its benefits...”
{CD 399.1}

6. **Read all of Phase 1**, especially ‘Basic Principles for the Healing Program’, including all 4 Cancer Documents.

7. **Read all of Phase 2 Documents**

8. **Pray, Pray, Pray**

Pray without ceasing (1 Thessalonians 5:17)

Pray over every treatment

TREATMENT: (Tx)

1. **Eat 2 cloves of raw garlic/2 x day**

Do not eat on an empty stomach, as this can burn the stomach.

2. **DO THE HERBAL FORMULA X 30 DAYS**

Do a different formula each month.

1st Month – 1. Red Clover, 2. Dandelion Root, 3. Chaparral, 4. Burdock Root

2nd Month – 1. Essiac Tea

3rd Month – 1. Red Clover, 2. barberry, 3. Burdock Root, and 4. Yellow Dock

4th Month – 1. Essiac Tea

NOTE: Drink one 8 oz. glass/3 x day (See ‘Two Month Program’ document to learn how to make.)

*****You may purchase the above herbs from**

WHERE TO GET THE HERBS: (USA, not sure about outside of the Country)

Go to your local health food store or anywhere local selling fresh herbs.

OR

Go to any of these websites to order.

www.sfherb.com

www.mountainroseherbs.com

<http://www.pacificbotanicals.com/>

<http://www.emasherbs.com/>

www.ebay.com

*****You may purchase the Essiac Tea from www.vitacost.com**

3. **DO A HOT WATER TREATMENT TO THE BREAST WITH A SHOWER NOZZLE**

- 3 minutes hot to the breast area
- 30 seconds cold
- Do 3 rotations
- Do this 2 x day

- Be sure to purchase a shower head that filters the water
- Using hard water can worsen the situation
- You may purchase one from Amazon, Home Depot, Lowes, etc. These are inexpensive.

4. After doing the 1st Hot water Treatment for the Day.

RUB FRANKINCENSE OIL INTO THE AREA as long as the lump is not open/exposed

5. After doing the 2nd Hot water Treatment of the day.

Mix Castor Oil with equal portions (1 cup) of each every day till tumor is gone:

- Chaparral powder (1 cup)
- Comfrey Powder (1 cup)
- Slippery Elm Powder (1 cup)

*****Mix well.**

You may add the following to the above powdered mixture if the tumor is not open/exposed:

- Turmeric powder (2 Tbsp.)
- Activated charcoal powder (2 Tbsp.)

Note: Mix the powders well. Take 1 Tbsp. of the mixed powders above and Mix into a little of Castor oil Spread over Breast area. Cover with a Mini-Pad (for women's cycles). Tape well!!!

6. Take 1 tsp. Turmeric powder/3 x day for 30 days on, then 30 days off, then 30 days on.

7. Be sure to drink lemon water every morning.

1 lemon into 16 oz. of hot water

8. Some people have used the following with great success.

Barley Life

3-4 Tbsp./3 x day

VERY IMPORTANT!!!

Do not forget to read Phase 1 and 2 of all the Documents.

Be sure to read ALL 4 Cancer Documents after reading Phase 1, before reading Phase 2.

