

# Diseases of The Liver & Treatment

**Website:** [Healthy Christian Living - Living by the Blueprint](#)

**“We have come to a time when EVERY MEMBER of the church SHOULD TAKE HOLD OF MEDICAL MISSIONARY WORK...” (7T 62.1)**

## LEARN HOW TO COMBAT DISEASE:

**“Gather up all the knowledge possible that will help to combat disease...” {MM 320.2}**

**“It is the duty of every person to BECOME INTELLIGENT in regard to disease and its causes...” {HL 19.5}**

**“...Have a practical knowledge of the causes of disease, and...understand how to give simple treatments, that...may relieve the suffering ones...” {ChS 134.2}**

**“It is essential both to understand the principles involved in the treatment of the sick and to have a practical training...” (MH 127.2)**

**“As religious aggression subverts the liberties of our nation, those who would stand for freedom of conscience will be placed in unfavorable positions. For their own sake, THEY SHOULD, while they have opportunity, become intelligent in regard to disease, its causes, prevention, and cure...” (CH 506.1)**

## WHAT IS THE DEFINITION OF DISEASE?

**“...Disease is an effort of nature to free the system from conditions that result from a violation of the laws of health.” (MH 127.1)**

## BIBLE:

**3 John 2 – “Beloved, I wish above all things that thou mayest prosper and BE IN HEALTH, even as thy soul prospereth.”**

**Jeremiah 30:17 – “For I will restore health unto thee, and I will heal thee of thy wounds, saith the LORD...”**

**Psalms 103:3 – “Who forgiveth all thine iniquities; who healeth all thy diseases;”**

**Genesis 18:14 – “Is anything too hard for the Lord...?”**

- **God wants to heal us of ALL OUR DISEASES, including Diseases of the Liver.** And today, **doctors will tell you that this disease can in fact now be reversed/cured.**

## WE WILL BE TEACHING FROM 3 SOURCES:

- The Bible
- The SOP
- Good Scientific Material – Giving you the most advanced teaching, the most aggressive teaching in terms of health, healing and restoration.

## MEDICAL SCIENCE:

- The liver is the largest glandular organ of the body. It weighs about 3 lb. (1.36 kg).

- It is reddish brown in color and is divided into four lobes of unequal size and shape.
- The liver lies on the right side of the abdominal cavity beneath the diaphragm.
- Blood is carried to the liver via two large vessels called the hepatic artery and the portal vein.
- The hepatic artery carries oxygen-rich blood from the aorta (a major vessel in the [heart](#)).
- The portal vein carries blood containing digested food from the small intestine.
- These blood vessels subdivide in the liver repeatedly, terminating in very small capillaries.
- Each capillary leads to a lobule.
- Liver tissue is composed of thousands of lobules, and each lobule is made up of hepatic cells (**HEPA meaning liver**), the basic metabolic cells of the liver.

#### OTHER THINGS TO KNOW ABOUT THE LIVER:

- You Can Have a New Liver in as Little as 6 Months
- **ALL BITTER HERBS** increase the oxygen levels for the Liver
- **STRESS** affects the Liver which causes the liver to produce Increased Cholesterol
- The Liver is the filter for the human body.
- Anything poisonous put into the body has an effect on the liver.
- When the Liver is too full of contaminants, it gets backed up, making it unable to filter matter any longer.

#### DISEASES OF THE LIVER:

- Jaundice
- Cirrhosis

Complications of Cirrhosis are:

##### 1. Portal Hypertension

Congestion and increase of fluid pressure due to blood backed up in the system

##### 2. Ascites

A collection of fluid in the peritoneal cavity

[https://en.wikipedia.org/wiki/Peritoneal\\_cavity](https://en.wikipedia.org/wiki/Peritoneal_cavity)

[https://www.youtube.com/watch?v=Uo3jDAXR\\_Ww](https://www.youtube.com/watch?v=Uo3jDAXR_Ww)

##### 3. Hepatic Encephalopathy

A central nervous system (CNS) manifestation of Liver failure that often leads to coma and death

- Hepatitis  
Inflammation of the Liver  
Hepa = Liver  
Itis = Inflammation
- Tumors of the Liver

"I saw your condition of health, and the ailments you have suffered under so long. I was shown that you have not lived healthfully. Your appetites have been unhealthy, and you have gratified the taste at the expense of the stomach. You have taken into your stomachs articles which it is impossible to convert into good blood. This has laid a HEAVY TAX ON THE LIVER, for the reason that the digestive organs are deranged. You both have DISEASED LIVERS...your appetites are morbid, and because you do not relish a plain, simple diet, composed of unbolted wheat flour, vegetables and fruits prepared without spices or grease, you are continually transgressing the laws which God has established in your system. While you do this, you must suffer the penalty; for to every transgression is affixed a penalty. Yet you wonder at your continued poor health. Be assured that God will not work a miracle to save you from the result of your own course of action..." {CD 123.4}

#### SIGNS/SYMPTOMS:

- Jaundice
- Cirrhosis
- Hepatitis
- Tumors, Cancer

### **THINGS THAT HARM THE LIVER:**

1. **Poisonous tobacco** (2SM 467)
2. **Improper breathing** (MH 273)
3. **Tight clothing that compresses** (Te 291-292)
4. **Compressed waist by tight pants, skirts, pantyhose, etc.** (2SM 473)
5. **Confined to indoor work** (1T 520)
6. **Lack of pure air** (1T 701)
7. **Self-abuse** (masturbation) (CG 444)
8. **Diseased diet, including the eating of flesh**
9. **Drug medication/recreational drugs** (4SG-a-135/2SM 452, 281)
10. **Eating and drinking improperly** (2T 67-68)
11. **Eating too much burdens the Liver** (MH 240; 2T 412-413)
12. **Overheated air** (1T 702)
13. **Foul air** (1T 702)
14. **White flour which includes unbleached, bread flour, and whole wheat pastry flour** (2T 68)
15. **Lack of deep and full inspirations** (lack of proper inhaling) (2T 67-68)
16. **Inactivity** (CD 422)
17. **Pores of skin not functioning properly causes harmful effect to the Liver** (2T 524)
18. **Not bathing frequently** (bathing...not referring to showers)
19. **Poor ventilation/not keeping the windows open** (2SM 462)
20. **Drinking cider causes problems** (5T 357)
21. **Eating oil & vinegar combinations like the common Italian salad dressing on the market** (CD 345)  
Vegenaise has oil & vinegar
22. **Stimulants** (CD 422)
23. **Drinking with meals**
24. **Eating anything with vinegar in it**  
Ketchup, mustard, BBQ-sauce, pickles, etc...not referring to homemade kind that doesn't use vinegar  
**VINEGAR IS THE HIGHEST FORM OF FERMENTATION**  
Call the Microscopist to find out how harmful vinegar is  
His name is Jeffrey A. Arnson  
His email address is: [jarnson@execpc.com](mailto:jarnson@execpc.com)
25. **Animal Fat**  
Has an effect on the liver causing it to have to produce too much cholesterol for the body
26. **Drinking any type of alcohol**  
Beer, wine, cider, liquor, etc. – Not one sip should be taken
27. **Depression**  
“Sadness deadens the circulation in the blood vessels & nerves, and also retards the action of **THE LIVER**. It hinders the process of digestion and of nutrition and has a tendency to dry up the marrow of the whole system.” (UL 102.3)
28. **Fried Food** (Divine Prescription & Science of Health & Healing)
29. **Cow's Milk** (Divine Prescription & Science of Health & Healing)
30. **Mercury** (Divine Prescription & Science of Health & Healing)

### THINGS THAT BENEFIT THE LIVER:

1. Bathing (MH 276) -- Bathing gives new life and energy to (MH 276.2; 3T 70)
2. Health Reform (CD 124)
3. Not Eating Meat
4. Proper Breathing
5. Exercise Benefits (MLT 136)

“Morning exercise, walking in the free invigorating air of heaven, or cultivating flowers, small fruits, and vegetables, is necessary to a healthful circulation of the blood. IT IS THE SUREST SAFEGUARD AGAINST colds, coughs, congestions of brain and lungs, INFLAMMATION OF THE LIVER, the kidneys, and the lungs, and a hundred other diseases.” {ML 136.5}

6. Getting Sunshine Every Day<sup>7</sup>
7. Drinking Plenty of Water
8. Proper Rest

### FOODS GOOD FOR THE LIVER:

1. Grapefruit
2. Grape Juice
3. Honey
4. Lemon Juice
5. Soybeans
6. Artichokes
7. Barley
8. Whole Grains
9. Grapes
10. Apples
11. Plums
12. Cherries
13. Loquats
14. Radish
15. Tamarind
16. Olive Oil (first cold pressed, extra virgin) - this protects very well
17. Limes
18. Onions
19. Foods high in Potassium (brown rice, blackstrap molasses, bananas, almonds, prunes, raisins, etc.)

### HERBS GOOD FOR THE LIVER:

1. Dandelion
2. Milk thistle
3. Barberry
4. Wormwood
5. Grapevine
6. Parsley
7. Sarsaparilla
8. Chaparral
9. Aloe

### NATURAL REMEDIES FOR THE LIVER:

- For Jaundice, Cirrhosis of the Liver, Inflammation, Alcohol Poisoning and Hepatitis C, a **CHARCOAL POULTICE OVER THE LIVER IS AN EXCELLENT REMEDY**
- Drinking Activated **Charcoal Water** is great too, or making a charcoal slurry

- A **Cabbage Pulp Poultice** over the liver is also a good remedy  
You may heat the leaves and put over the liver too

#### **LIVER FLUSH:**

1 t. olive oil  
½ t. fresh ginger, grated  
1 t. fenugreek  
1 t. ground dandelion  
Juice of 1 fresh lemon  
Cayenne, pinch

Mix in juice and drink every morning during a fast.

#### **LIVER HERBAL DRINK:**

- **BLOOD:** Red Clover (2 T. every day x 30 days)
- **LIVER:** Dandelion Root (2 T. every day x 30 days) **can reverse Hepatitis in 1-2 weeks**
- **LIVER:** Milk Thistle (2 T. every day x 30 days)

#### **DIRECTIONS:**

Put 30 oz. of water into a pot. Put 2 T. Dandelion Root in the pot. Bring to a fast boil, then cover and simmer x 30 minutes. Turn flame off. Add Red Clover and Milk Thistle stir, and let steep x 20 minutes. Strain. Drink 8 oz. 3 x day x 30 days.

**\*\*\*The next month you will do ANOTHER Liver Herbal Drink X 30 DAYS with a 1 week break between both months.**

**"It is no denial of faith to use rational remedies judiciously."** (2SM 346.2)

#### **MEDICINE AND SUPPLEMENTS HARD ON THE LIVER:**

**"Every poisonous preparation in the vegetable and mineral kingdoms taken into the system, will leave its wretched influence, affecting the liver..."** {HL 245.1}

#### **TREATMENT FOR LIVER DISEASE:**

- 1. Fill out the **Basic Assessment Form** then a week later fill out the Detailed Assessment Form
- 2. **Fast** for a day or two
- 3. Follow the **Two Month Healing Program**

**Make sure you are following the guidelines of "Basic Principles for the Healing Program" Ref. #65**

**"...I was shown that you have not lived healthfully. Your appetites have been unhealthy, and you have gratified the taste at the expense of the stomach. You have taken into your stomachs articles which it is impossible to convert into good blood. This has laid a heavy tax on the liver, for the reason that the digestive organs are deranged. You both have diseased livers. The health reform would be a great benefit to you both, if you would strictly carry it out...Be assured that God will not work a miracle to save you from the result of your own course of action..."** {CD 123.4}

- 4. **Follow all the laws of health**
- 5. **Bathe**

Not referring to a shower, but a bath where the internal organs are immersed into the water.  
Do this 3-4 x week....this is so essential for health.

- 6. Drink an **herbal formula tea** for the Liver (PC31.2)

**One Herb for the Blood:**

Red Clover, Chaparral, Burdock Root, Yellow Dock Root, Alfalfa

**One Herb for the Liver:**

Dandelion Root, Milk Thistle, Barberry, Mistletoe

**Two Herbs for the Disease:**

In this case, you would add 2 more herbs for the Liver

"...This is God's method. The herbs that grow for the benefit of man, and the little handful of herbs kept and steeped for sudden ailments, have served tenfold, yes, one hundred-fold better purpose, than all the drugs hidden under mysterious names and dealt out to the sick. It is a delusion and farce, and the Lord has revealed to me that this practice would not preserve life, but would introduce into the system those things which should never be there, for they would do a deleterious work on the human organism." {PC 31.2}

- 7. **Do Charcoal Poultices** over liver area for several hours, 3-4 x week
- 8. **Hot water fomentations over the Liver is great**  
Do until the dish towel/hand towel is no longer hot  
Do this 4 times, back to back, 2 x day/morning and evening
- 9. **Hot Castor Oil Packs** over the liver work great

## WHAT TO DO FOR

### #1: INCREASED BILIRUBIN LEVELS

- Put the babies out in the sun in the nude for some time.
- Give 1 Tablespoon in a bottle of water only do 4 oz. of water and not 8 - this remedy comes from CharcoalRemedies.com book on page 157 (bottom) to 158 (top)
- Do a charcoal poultice over the liver

### #2: INCREASED AMMONIA LEVELS

- Hot fomentations over the Liver during the day
- Give Charcoal water – 2 Tablespoons for adults a couple times a day
- Do a charcoal poultice over the liver

## MILK AND SUGAR CAN ACT LIKE ALCOHOL ON THE LIVER

- It can produce up to 2-16 oz. bottles

## OLIVE LEAF EXTRACT FOR HEPATITIS C

**VITAMIN C FOR HEPATITIS C. Put Fresh lemon in your water.**

## HOW TO MAKE THE LIVER/GALLBLADDER FLUSH DRINK

Put the following ingredients in a blender and blend on high speed for 1 minute, then DRINK!

- 8 ounces of fresh-squeezed, Organic Fruit Juice During spring or summer make 8-oz. of an orange or citrus juice combination, and during fall or winter make 8-oz. of an apple, grape or apple/grape combination juice
- 1 to 5 cloves of organic Garlic

Use one clove on Day #1, increase to two cloves on Day #2 and keep increasing by one clove until you reach five cloves by Day #5

**Note:** Don't chop the garlic, just peel it and throw it in the blender whole

- 1 inch of fresh, organic Ginger Root  
Do not peel it. The blender will liquefy it
- 1 to 5 tablespoons of Cold-Pressed, Extra-Virgin Olive Oil  
Use one tablespoon on Day #1, increase to two tablespoons on Day #2 and keep increasing by one tablespoon until you reach five tablespoons by Day #5
- 8 ounces of Purified Water is best  
Filtered or Reverse Osmosis

#### **MORE INFO REGARDING THE LIVER:**

- <http://en.wikipedia.org/wiki/Liver>
- <https://www.dermaharmony.com/detoxification/liverandpsoriasis.aspx>

#### **ARTICLES REGARDING THE LIVER:**

- <http://www.dailymail.co.uk/health/article-3066399/Most-liver-transplants-linked-eating-not-alcohol-abuse-2020-population-gets-fatter-experts-say.html>
- <https://search.yahoo.com/yhs/search?p=turmeric+for+the+liver&ei=UTF-8&hspart=mozilla&hsimp=yhs-002>
- <http://www.scienceworldreport.com/articles/20218/20141218/mistletoe-isnt-kissing-christmas-plant-ward-obesity-related-liver-disease.htm>

I highly recommend the book [www.charcoalremedies.com](http://www.charcoalremedies.com)

#### **SOP ABBREVIATIONS:**

**1T** = Testimonies for the Church, Volume 1  
**2SM** = Selected Messages, Volume 2  
**2T** = Testimonies for the Church, Volume 2  
**4SG** = Spiritual Gifts, Volume 4  
**5T** = Testimonies for the Church, Volume 5  
**CD** = Counsels on Diets & Foods  
**CG** = Child Guidance  
**COL** = Christ's Object Lessons  
**MH** = Ministry of Healing  
**ML** = My Life Today  
**Te** = Temperance  
**UL** = Upward Look