

Dealing With The Gallbladder And Gallstones

Website: [Healthy Christian Living - Living by the Blueprint](#)

“We have come to a time when **EVERY MEMBER** of the church **SHOULD TAKE HOLD OF MEDICAL MISSIONARY WORK...**” (7T 62.1)

LEARN HOW TO COMBAT DISEASE:

“**Gather up all the knowledge possible that will help to combat disease...**” {MM 320.2}

“**It is the duty of every person to BECOME INTELLIGENT in regard to disease and its causes...**” {HL 19.5}

“**...Have a practical knowledge of the causes of disease, and...understand how to give simple treatments, that...may relieve the suffering ones...**” {ChS 134.2}

“**It is essential both to understand the principles involved in the treatment of the sick and to have a practical training...**” (MH 127.2)

“**As religious aggression subverts the liberties of our nation, those who would stand for freedom of conscience will be placed in unfavorable positions. For their own sake, THEY SHOULD, while they have opportunity, become intelligent in regard to disease, its causes, prevention, and cure...**” (CH 506.1)

WHAT IS THE DEFINITION OF DISEASE?

“**...Disease is an effort of nature to free the system from conditions that result from a violation of the laws of health.**” (MH 127.1)

BIBLE:

3 John 2 – “**Beloved, I wish above all things that thou mayest prosper and BE IN HEALTH, even as thy soul prospereth.**”

Jeremiah 30:17 – “**For I will restore health unto thee, and I will heal thee of thy wounds, saith the LORD...**”

Psalms 103:3 – “**Who forgiveth all thine iniquities; who healeth all thy diseases;**

Genesis 18:14 – “**Is anything too hard for the Lord...?**”

- **God wants to heal us of ALL OUR DISEASES, including diseases of the Gallbladder. And today, doctors will tell you that this disease can in fact now be reversed/cured.**

WE WILL BE TEACHING FROM 3 SOURCES:

- The Bible
- The SOP
- Good Scientific Material – Giving you the most advanced teaching, the most aggressive teaching in terms of health, healing and restoration.
- <http://www.webmd.com/digestive-disorders/picture-of-the-gallbladder>
- <https://en.wikipedia.org/wiki/Gallbladder>

HERBS THAT ARE GREAT FOR THE GALLBLADDER:

- Turmeric – Prevents and treats gallstones

- **Chamomile & dandelion** – Help dissolve gallstones
- **Inden leaves** – Also known as Tilo - Improves functioning of the gall bladder
- **Elecampane** – Invigorates digestive, hepatic (liver), and bile functions
- **Dandelion** – Increases bile production and promotes its emptying
- **Quasia** – Promotes gall bladder functioning
- **Dodder** – Promotes emptying of the gall bladder

FOODS FOR THE GALL BLADDER:

- Artichoke
- **Belgian Endive (this is a lettuce)**
- Chicory
- Eggplant
- Escarole
- Olives and the Oil of Olives
- Papaya
- Radishes
- Rhubarb
- Tamarind

MEDICAL SCIENCE:

WHAT ARE GALLSTONES?

The formation of gallstones is called cholelithiasis. **Gallstones are formed from bile**, a brown digestive fluid produced by the liver; these are 80% cholesterol and 20% bile. **They do not look like regular stones.** They are smooth, soft, and gelatinous. They feel like dense fat. They may form in the gallbladder or in the bile ducts of the liver. **When they block the exits of the liver or gallbladder, they usually produce nausea, vomiting, and pain usually occurs in the upper right abdomen.**

WHAT CAUSES GALLSTONES?

Animal fat tends to form gallstones. Processed food, fried, sugared, spicy, or junk food may cause the formation of gallstones. Eating **too much sugar** inflames the gallbladder ducts. **Do not use alcohol, caffeine, or tobacco.** Also, **eating eggs** greatly increases the likelihood of stone formation due to the cholesterol content of this food item. A diet low in vitamin C, refined carbohydrates, and low fiber also causes stone formation.

TREATMENT

TO RELIEVE PAIN:

1. Have them stop eating and Fast for 2 days

If they get weak, they can ¼ cup of pure grape juice

2. Give a 15-minute hot fomentation over the gallbladder area, followed by a cold rag rub.

Repeat this process 3 times. This will reduce the swelling, inflammation, and pain.

3. Do a Charcoal poultice over the area x 1 hour, 2 x day

May do for more hours if pain is not subsiding

Go to the following YouTube video: <https://www.youtube.com/watch?v=mwfaaHTsuYo>

4. Do a Hot Castor Oil Poultice

Take some castor oil and heat it up a bit in a small sauce pan. Get a wash cloth and saturate this cloth with the oil. You may add activated charcoal to the oil after the oil is warm then when oil is warm to touch, apply over the painful area and keep on for several hours. Do morning and evening if possible.

5. When an attack comes on, you can get peppermint, spearmint, and catnip herbs and make a tea

By taking 1-2 t. of each placing in a coffee mug and covering with boiling water.

Steep for 20 minutes then drink.

Also

6. Every evening before bed, take a warm bath for 20-30 minutes

This will help ease the pain.

“The largest gland in the body, called the liver. It is situated at the top of the abdominal cavity, and lies immediately under the diaphragm, and mostly on the right side. It measures about twelve inches through its longest diameter, and weighs about four pounds. It is divided into a large lobe and two small ones. On the lower surface of the large lobe, which lies on the right side, is formed a membranous reservoir, called the gall-bladder, which is also lined by the mucous membrane. The common biliary duct, after proceeding a short distance from the small intestine, gives off a tube called the cystic duct, which goes to the gall-bladder. The capacity of the gall-bladder is from one to three ounces. The remaining portion of the tube is called the hepatic duct, which soon divides, forming two tubes, one of which goes to the right and the other to the left lobe of the liver. The liver is held in its place, and attached to the diaphragm, by five ligaments. The nerves of the liver are very numerous, and by them it is brought into powerful sympathetic relations with the stomach. The gall-bladder serves simply as a reservoir for the bile.” {1868 JNL, HBH 170.10}

WHAT TO DO WHEN HAVING GALL BLADDER ISSUES:

- Quit Eating
- Fast
- Fill out a Basic Lifestyle Assessment Form, then fill out the detailed Assessment Form one week later
- Follow all the laws of health
- Follow the Two Month Program in conjunction with ‘Basic Principles for the Healing Program’ Ref #65
- Do Water Treatments
- Do Herbs
- Do Poultices
- Pray before doing any natural remedy

DRINK THE LIVER FLUSH DRINK FOR THE FIRST 5 DAYS OF THE PROGRAM

TO BREAK DOWN STONES DO THE FOLLOWING:

GALL BLADDER CLEANSE:

REMEDY #1:

FIRST DAY:

8 am – 8 oz. Glass Fresh Apple Juice

10 am – 16 oz. Fresh Apple Juice

12 pm – 16 oz. Fresh Apple Juice

2 pm – 16 oz. Fresh Apple Juice

4 pm – 16 oz. Fresh Apple Juice

6 pm – 16 oz. Fresh Apple Juice

SECOND DAY: – Same as first day

At bed time of second day, take 4 oz. (½ cup) of olive oil

Use same amount of freshly squeezed lemon juice (½ cup) to wash it down

Go to bed and rub the right side of the abdomen in a circular motion

It should start to work in the early morning

This helps to dissolve the stagnant bile and liquefies through the malic acid of the apple juice

The oil moves the residue

In the morning you should pass from your bowels green pellets resembling peas, they may vary in size and texture depending upon the condition of your liver and gall bladder

Note: What you can also do on the 2nd day prior to the oil & lemon drink is take 1 t. of Epsom Salt in 1 cup of warm water at 7:00 pm and 9:00 pm and then do the olive oil and lemon juice at 10:00 pm

Raw Radish juice (4 oz.) 1 x at the most 2 x

This is for an Emergency situation

Include raw radishes in the diet at this time

REMEDY #2:

GALLSTONE REMOVAL, NATURALLY

It has worked for many.

If it works for you please pass on the good news.

Chiu Nan is not charging for it, so we should make it free for everyone.

Your reward is when someone, through your word of mouth, benefits from the regime.

Gallstones may not be everyone's concern. But they should be because we all have them.

Moreover, gallstones may lead to cancer.

"Cancer is never the first illness," Chui Nan points out

"Usually, there are a lot of other problems leading to cancer.

In my research in China, I came across some materials which say that people with cancer usually have stones. We all have gallstones. It's a matter of big or small, many or few.

SIGNS/SYMPTOMS OF GALLSTONES:

- A feeling of bloating after a heavy meal
- You feel like you can't digest the food
- If it gets more serious, you feel pain in the liver area

So, if you think you have gallstones, Chiu Nan offers the following method to remove them naturally

The treatment is also good for those with a weak liver, because the liver and gallbladder are closely linked.

TREATMENT:

1. For the first five days, take four glasses of apple juice every day.

Or eat four or five apples, whichever you prefer. Apple juice softens the gallstones.

During the five days, eat normally.

2. On the sixth day, take no dinner.

3. At 6 PM, take a teaspoon of Epsom salt.

Magnesium sulphate with a glass of warm water

4. At 8 PM, repeat the same.

Magnesium sulphate opens the gallbladder ducts

5. At 10 PM, take half cup olive oil (or sesame oil) with half cup fresh lemon juice

Mix it well and drink it. The oil lubricates the stones to ease their passage

Note: 1 cup = 240ml, 1 cup lemon juice = 3 to 4 large juicy lemons

Next morning, you will find green stones in your stools. “Usually they float,” Chiu Nan notes.

“You might want to count them. I have had people who pass 40, 50, or up to 100 stones. Very many.”

“Even if you don’t have any symptoms of gallstones, you still might have some.

It’s always good to give your gall bladder a clean-up now and then.

OR:

- Drink 3 oz. (6 T). grapefruit juice chased with 1 oz. (2 T). of pure cold pressed olive oil every hour until sickly
- Then give enema OR have person drink 3 T. of castor oil

FOODS TO EAT AFTER GALLSTONE FLUSH WHEN YOU HAVE GALLSTONES:

- All fruit
- All legumes
- Artichokes
- Apples
- Radishes
- Lecithin
- Fiber
- Vitamin C in the form of pure, fresh lemon juice
- Cooked till tender dark greens – ask for document on Vegetables and how to properly cook them
- Wait on the grains – grains irritate some people and exacerbate the problem

MORE THINGS TO KNOW ABOUT THE GALLBLADDER:

- Having it removed doubles ones risk for Colon Cancer
- Obese women have an increased chance of forming gall stones

ARTICLES TO READ ABOUT GALLSTONES AND THE GALL BLADDER:

- <http://www.newsmax.com/Health/Dr-Blaylock/gallstones-magnesium-nuts-obesity/2016/04/05/id/722420/>
- <https://www.niddk.nih.gov/health-information/health-topics/digestive-diseases/gallstones/Pages/facts.aspx>
- <http://www.newsmax.com/health/Health-Wire/gallstones-gallbladder-stomach-paincauses/2014/02/08/id/551681/>
- <http://www.medicinenet.com/gallstones/article.htm>

VERSES FOR THOSE WHO THINK SOME ORGANS OF THE BODY ARE NOT IMPORTANT:

1 Corinthians 12:18-24

KJV only!!! All others have changed or omitted.

SOP ABBREVIATIONS:

7T = Testimonies for the Church, Volume 7

CH = Counsels on Health

ChS = Christian Service

HL = Healthful Living

MH = Ministry of Healing

MH = Ministry of Healing

MM = Medical Ministry

Blog Links:

<https://ravishingrecipesandhealthfacts.blogspot.com/2016/09/dealing-with-gallbladder-and-gallstones.html>

<https://ravishingrecipesandhealthfacts.blogspot.com/2017/03/dealing-with-gallbladder-and-gallstones.html>