

Physiology of the Blood

Its Diseases and Treatments (Part 3)

Website: [Healthy Christian Living - Living by the Blueprint](#)

DISEASES OF THE BLOOD WE WILL BE COVERING TODAY ARE:

- Anemias
 - Pernicious Anemia
 - Sickle-cell Anemia
- Bleeding externally from something such as a cut, stab wound, gun shot, cut by glass, etc.
- Bleeding from the Ears, Eyes, and or Nose
- Bleeding Internally – Also Hemorrhaging
- Blood Clotting
- Poor Circulation
- Blood Poisoning – Also, Bacteria in the Blood

#1: PERNICIOUS ANEMIA:

What is it?

A severe form of anemia, in which the bone marrow fails to produce mature red blood cells
This is caused by a B12 deficiency

SIGNS/SYMPTOMS (S/SX:):

- Weakness
- Slight yellowing of the skin
- Tingling of the extremities
- Gastrointestinal disturbances causing a sore tongue
- May be partial loss of coordination of the fingers, feet, and legs
- Some nerve deterioration may occur

CAUSES:

- Not following all the laws of health
- A B12 deficiency from not getting a proper diet
- Eating Junk Food
- Crohn's Disease
- Gastric Surgery
- Drugs

WHAT ABOUT B12?

https://en.wikipedia.org/wiki/Vitamin_B12

WHAT ABOUT B12 FOR VEGANS? DO VEGANS NEED A B12 SHOT?

One of the many delusions being taught today is that the diet of a strict vegetarian does not provide B-12. Medical Science is now showing otherwise. It is true that no one food has B12, but if we eat from all 4 food groups every day, our bodies will make its own B12. **Plant based eaters do not require as much vitamin B-12 as meat eaters do.**

<http://www.ucheepines.org/a-discussion-of-vitamin-b12>

Please ask for the following documents: **Supplementation: Is it Necessary?**

AND

What to Eat For Two and Three Meals'

"In grains, fruits, vegetables, and (nuts) are to be found ALL the food elements that we need..." {CD 92.2}

"The grains with fruits, (nuts) and vegetables, contain all the nutritive properties necessary to make good blood." {MH 316.2}

This would include vitamin B-12. CAUTION TO THOSE WHO HAVE HAD THEIR TONSILS REMOVED: It's harder for the body to make its own B12 when the tonsils have been removed, so eat from the 4 food groups and get your levels tested.

THE TREATMENT FOR B-12 DEFICIENCY:

- Fill out a complete Lifestyle Assessment Form
- Read "What to Eat for Two and Three Meals"
- Pray
- Read all the documents to know how to reverse disease properly/according to the Spirit of Prophecy
Ask for them if you don't have them or don't know what they are
- Go on the Two Month Program

#2: SICKLE-CELL ANEMIA:

What is it?

- <http://www.mayoclinic.org/diseases-conditions/sickle-cell-anemia/basics/definition/con-20019348>
They say there isn't a cure for this, but that is contrary to the Bible and the Spirit of Prophecy
Read: Jeremiah 30:17 and Psalms 103:1-3
- <http://www.nhlbi.nih.gov/health/health-topics/topics/sca/>
- See 'Natural Remedies Encyclopedia' 5th Edition, page 443, bottom right

SIGNS/SYMPTOMS (S/SX:):

- Fatigue
- Feeling of Faintness
- Pale Skin
- Shortness of Breath (sob)
- Frequent Infections
- Severe Pain

SOME THINGS TO KNOW ABOUT SICKLE-CELL ANEMIA

- It's passed on from the parents to the child
- **Honey can worsen the situation**
- These people are very dehydrated in most cases – be sure they stay well hydrated
- **Plenty of Foods High in Beta-Carotene** (orange and yellow foods) as well as Beets and Raisins which help restore the blood cells structure
Beta-Carotene foods maintain cell integrity and keeps cells from mutating
<https://www.healthaliciousness.com/articles/natural-food-sources-of-beta-carotene.php>
- These persons need "chlorophyll rich foods" such as spinach and all your dark greens

THE TREATMENT FOR SICKLE CELL ANEMIA:

- Pray
- Fill out a complete Lifestyle Assessment Form
- Follow all the Laws of Health, **Especially Proper Dress**, Getting plenty of Sunshine, Walking, Fresh Air, Water, and Bathing - Taking a bath (not shower) helps improve circulation better than any other thing
- Read "What to Eat for Two and Three Meals"
- Read all the documents to know how to reverse disease properly/according to the Spirit of Prophecy Ask for them if you don't have them or don't know what they are and **ESPECIALLY READ PART 1 OF DISEASES OF THE BLOOD DOCUMENT** and **'WHAT TO DO FOR PAIN'**
- Go on the Two Month Program
- Take herbs that build up the red blood cells and hemoglobin
Papaya leaf extract and chlorophyll (natural from green plants) is excellent for this.
Other herbs high in chlorophyll are kitchen herbs
You can also give these persons the "Green Drink" 2 x day

#3: EXTERNAL BLEEDING:

"...Understand what to do in an emergency, and then we should impart this knowledge to others." (1888 866.4)

HOW TO SAVE SOMEONE'S LIFE THAT IS SEVERELY BLEEDING

<http://www.dailymail.co.uk/.../What-bleeding-emergency-Expert...>

Rinse the area with cold water

Pack **mega amounts** of cayenne pepper into the wound – **this stops bleeding because it causes platelet formation right away**

Apply pressure to the area

Be sure someone called 9/11

Give them some **cayenne water to drink**

About 1-2 t. at first in 1 cup of water and maybe 1 t. every hour x 2, then 1 t. for 1 cup of water every 3-4 hours as well, especially for those who are hemorrhaging

PLUS: Follow the advice in the article posted above.

SEE HOW CAYENNE CAN STOP BLEEDING IN AS LITTLE AS 10 SECONDS AT THE FOLLOWING LINK:

<https://news.therawfoodworld.com/cayenne-pepper-can-stop-bleeding-10-seconds/>

Note: If the blood is bright red, and/or shooting out instead of dripping, more than likely an artery has been cut. Pack the cayenne in there and apply pressure and keep applying pressure.

#4: BLEEDING FROM THE EARS, EYES, AND NOSE FROM HEAD TRAUMA:

"A lady was passing by--one of our highest teachers in Battle Creek, and it was icy and she didn't know how to drive and neither did her husband, and the sleigh slipped and jerked the lines right out of their hands.

"Jump, jump," said the husband, and she jumped and was caught right on the side of the sleigh and struck her head on the ice and the blood poured out of her ears and nose and eyes and they thought it would be impossible to save her, but we gathered her up and took her into the house. We said we will take care of her but it is a question of how long she can live. There must be no noise around anywhere. It may be possible we can save her life. The doctor was sent for and when he said, "what are you doing?" We said, giving her a hot foot bath right under the bed clothes. Well, he said, you know better than I, and he turned on his heel and walked off and that was the last we saw of the doctor.

Well, we kept her for four weeks and we had all the roosters removed from the neighborhood and every bit of noise excluded. **AND WE SUCCEEDED IN SAVING HER LIFE.** Five years later in passing a woman who looked like this same teacher, when she saw me she grasped me in her arms and said, "You saved my life and the life of this child, the only child I have, and I feel **so grateful whenever I hear the name of Ellen White mentioned.**" {LLM 541.4}

#5: A NOSEBLEED:

- Pinch the nose
DO NOT lean forward, for this would put too much pressure on the nose
DO NOT lean back, as this can cause one to aspirate on their blood; sit straight up
- Put a cold rag on the back of the NECK AT THE NAPE
- Give a hot foot bath

THINGS THAT CAN CAUSE A NOSEBLEED BESIDES TRAUMATIC BLUNTS:

- Not covering the extremities (arms and legs) (CG 426.2/HL 125.2)
- Overly heated rooms (17MR 327.2)
- Over Studying (4T 96.3-97.1)
- Secret Vice (masturbation) can cause nosebleeds as well (4T 96.3-97.1)

#6: INTERNAL BLEEDING AND/OR HEMORRHAGING:

Causes:

- May be due to some Violation to the Laws of Health
- Trauma
- Medication
- A Botched Surgery
- Being a Hemophiliac (someone who bleeds all over the place)

SIGNS/SYMPTOMS (S/SX:):

- Dizziness
- Low Blood Pressure
- Headache
- Bruising easily
- Blood in the stool
- Swollen Abdomen
- Confusion
- They may have signs of going into shock

IMMEDIATE TREATMENT FOR INTERNAL BLEEDING:

- Give 1½ t. 90,000 heat units of cayenne pepper in one 8-10 oz. cup of water
Wait 10 minutes. If bleeding has not stopped, give another 1½ t. in one 8-10 oz. cup of water
Then give this dosage every 3 hours.
***If the person can't handle the heat, give them 5 capsules instead of the powder in the water.
***If the internal bleeding is severe, on top of the cayenne, prepare an infusion of hops tea.
(2 t. to one 8 oz. cup of water) and stir in 1 t. tormentil root powder into this tea.
Have them drink 1 cup/4 x day.

WHAT IS TORMENTIL?

<http://www.botanical.com/botanical/mgmh/t/tormen25.html>

LONG TERM TREATMENT:

- Pray
- Fill out a complete Lifestyle Assessment Form
- Read “What to Eat for Two and Three Meals”
- Read all the documents to know how to reverse disease properly/according to the Spirit of Prophecy
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- Go on the Two Month Program

#7: HEMOPHILIA

What is Hemophilia?

- The blood does not clot normally
<http://www.nhlbi.nih.gov/health/health-topics/topics/hemophilia>

Causes:

- **Considered to be Inherited** (just like Sickle Cell Anemia)
Really from a Violation of the Laws of Health

“Disease never comes without a cause. The way is prepared, and disease invited, by disregard of the laws of health. Many suffer in consequence of the transgression of their parents. While they are not responsible for what their parents have done, it is nevertheless their duty to ascertain what are and what are not violations of the laws of health. They should avoid the wrong habits of their parents and, by correct living, place themselves in better conditions.” {MH 234.1}

SIGNS/SYMPTOMS (S/SX):

- Blood does not clot normally for a wound

WHAT TO DO:

- **See Above for IMMEDIATE TREATMENT FOR INTERNAL BLEEDING**
- Internal Bleeding **CAN BE FATAL** for hemophiliacs if not taken care of immediately
- **Give them 16 oz. of Beet Juice 1 time only** (have them drink this within 30-45 minutes)
- **Follow everything to do for Internal Bleeding**
- **BARLEY LIFE IS CRUCIAL FOR THESE PERSONS** – 2-3 Tablespoons/2-3 x day
- Have them follow all the laws of health
- Pray
- Fill out a complete Lifestyle Assessment Form
- Read “What to Eat for Two and Three Meals”
- Read all the documents to know how to reverse disease properly/according to the Spirit of Prophecy
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SOMETHING TO KNOW ABOUT HEMOPHILIACS

- As many as 2/3 of hemophiliacs in America have HIV
They contracted it from contaminated blood transfusion sources in the early 1980’s
- About 50 babies are born each year with hemophilia
- Bleeding frequently occurs in the knees
- Hemophiliacs are often given blood transfusions to provide the missing blood factors
- These persons are to have a Medic Alert Bracelet on at all times

#8: LOW PLATELETS (aka Thrombocytopenia):

<http://www.healthline.com/health/thrombocytopenia#Overview1>

Causes:

- Aplastic Anemia
- Vitamin B-12 Deficiency
- Folate Deficiency
- Iron Deficiency
- Viral Infections, including HIV, Epstein-Barr Virus, And Chickenpox
- Exposure To Chemotherapy, Radiation, or Toxic Chemicals
- Consuming too much Alcohol
- Cirrhosis
- Leukemia
- Myelodysplasia
- Due to some Violation(s) to the Laws of Health – Also see Proverbs 17:22

SIGNS/SYMPTOMS (S/SX):

- Platelet numbers less than 150,000-400,000
See link posted above

IMMEDIATE TREATMENT FOR LOW PLATELETS:

- **Give Chlorophyll and Papaya Leaf Extract**
- **Barley Life is Crucial for Platelet Forming** – Give 3 T. in water or liquid 2-3 x day
- Give 2 T. Blackstrap Molasses a day

LONG TERM TREATMENT:

- Pray
- Fill out a complete Lifestyle Assessment Form
- Read “What to Eat for Two and Three Meals”
- Read all the documents to know how to reverse disease properly/according to the Spirit of Prophecy
Ask for them if you don’t have them or don’t know what they are
- **Go on the Two Month Program**